



GLOBAL CLIMATE ACTION SUMMIT

AFFILIATE EVENT

Managing Lands in a Changing Climate to Improve Agricultural Resilience, Food Security, and Health

Afternoon PowerPoint Presentation – Jackson Hall



State of California
Department of Conservation



Global Health
Institute

Afternoon Agenda

Jackson Hall

1:30	Actions & Strategies to Strengthen Ag and Forest Resilience, and Food Security
2:30	Lightning Talks Success Stories at the Ag-Food Security Nexus
3:00	Break for Networking and Refreshments
3:30	Combating the Impacts of Climate Change on Food Systems and Disease
4:30	Lightning Talks Success Stories at the Food-Health Nexus
5:00	Key Ideas and Outcomes from Afternoon Sessions and Wrap Up

California Dialogue: Actions and Strategies to Strengthen Agriculture and Forest Resilience and Food Security



Moderator: Terry Watt, Liaison, California Governor's Office of Planning and Research



- Karen Ross, Secretary of Agriculture, California Department of Food and Agriculture



- John Laird, Secretary, Natural Resources Agency, State of California



- Jim Branham, Executive Officer, Sierra Nevada Conservancy, Forest Management Actions and Strategies

Instant Polling Questions for Participants

- Meeting Sift – informal, real time polling

Please Participate

- 1 open smartphone browser
- 2 go to **sift.ly**
- 3 enter participant code **change**





California Dialogue: Actions and Strategies to Strengthen Agriculture and Forest Resilience and Food Security

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There is Hope!

... at least in British Columbia.



Lightning Talks: Success Stories at the Ag-Food Security Nexus



Moderator: Terra Kelly, One Health Institute & UCGHI Planetary Health Center, School of Veterinary Medicine, UC Davis



- Frank Mitloehner, Addressing the 2050 Food Challenge – a Sustainable Solution Must Include Livestock



- Kate Scow, Long-term, Large-scale Agroecological Experiments are Unique Testbeds for Investigating Climate Change Adaptation and Mitigation in Agriculture



- Carrie Monohan, Meadow Restoration as a Strategy to Increase Resiliency for Climate Change



- Sibella Kraus, The Bay Area Agriculture and Food Economy: Existing Conditions and Strategies for Resilience



**Frank Mitloehner, Addressing the
2050 Food Challenge – a Sustainable
Solution Must Include Livestock**

UCDAVIS

**AGRICULTURAL
SUSTAINABILITY INSTITUTE**

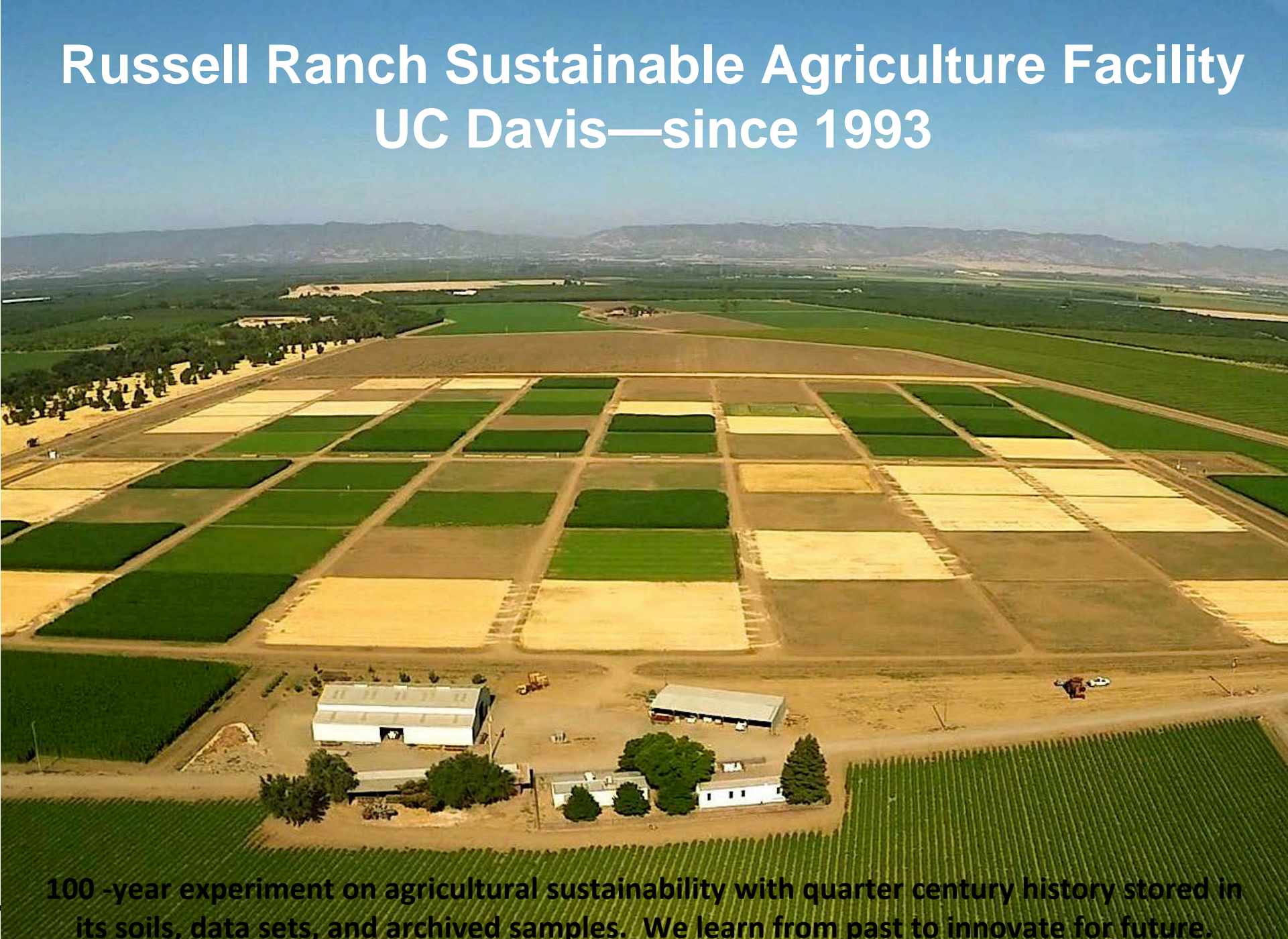
Kate Scow, Long-term, Large-scale
Agroecological Experiments are Unique Testbeds
for Investigating Climate Change Adaptation and
Mitigation in Agriculture

Long-term agroecological experiments are unique testbeds for investigating climate change adaptation and mitigation



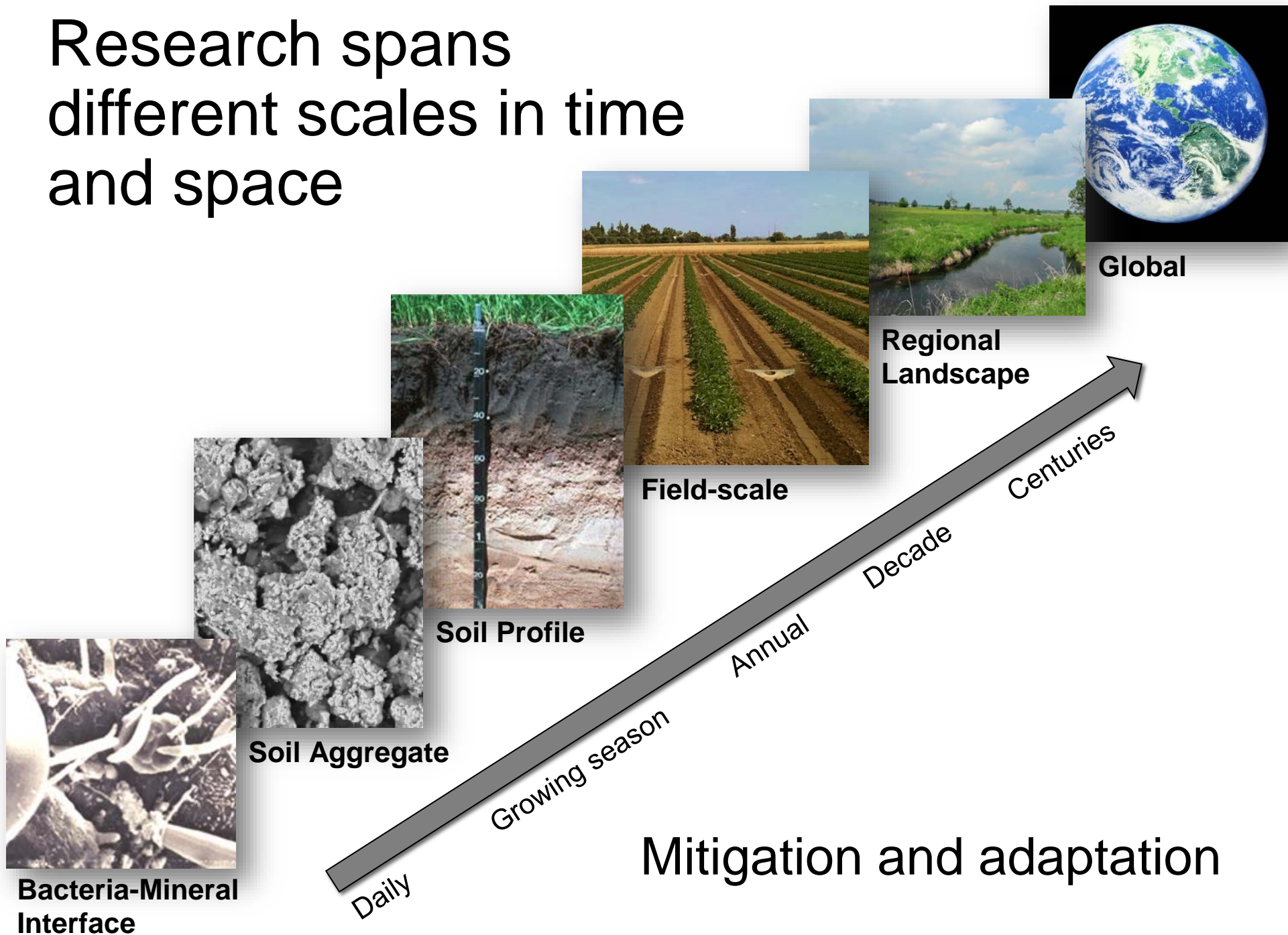
Kate Scow and Nicole Tautges
Russell Ranch Sustainable Agriculture Facility
Land, Air and Water Resources, UC Davis
kmscow@ucdavis.edu

Russell Ranch Sustainable Agriculture Facility UC Davis—since 1993

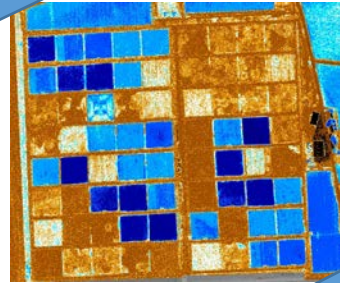
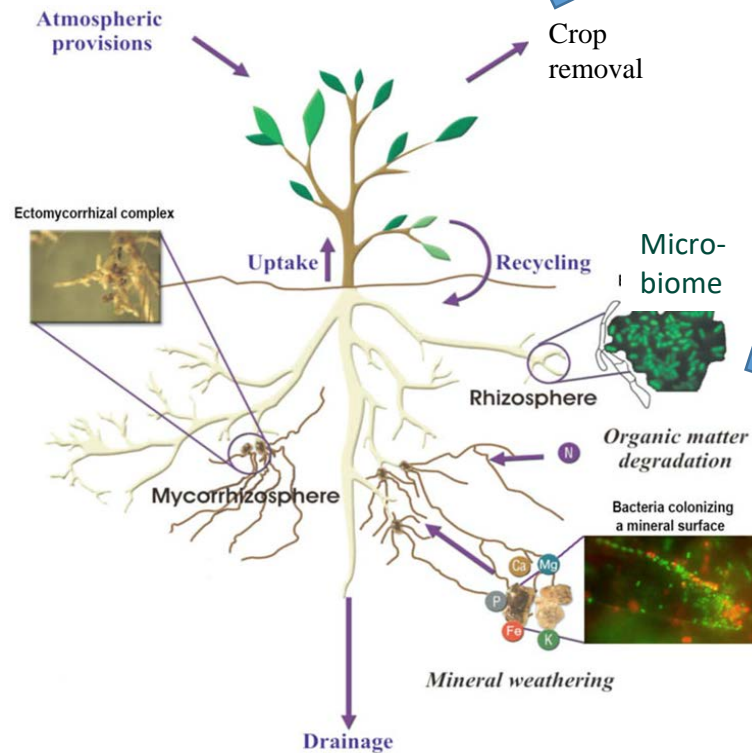


100 -year experiment on agricultural sustainability with quarter century history stored in its soils, data sets, and archived samples. We learn from past to innovate for future.

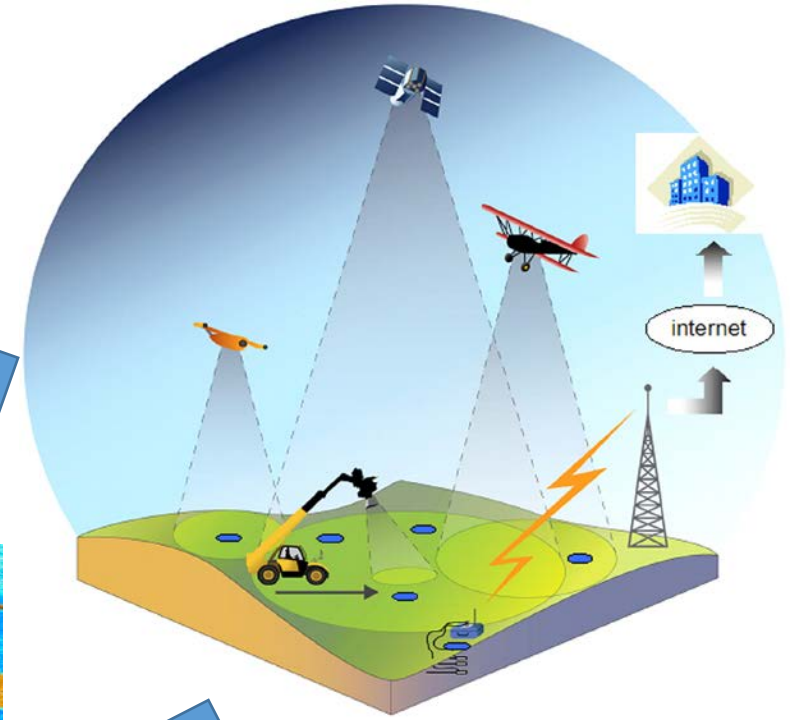
Research spans different scales in time and space



Mechanisms
Interrelationships
Feedbacks



Tools
Practices

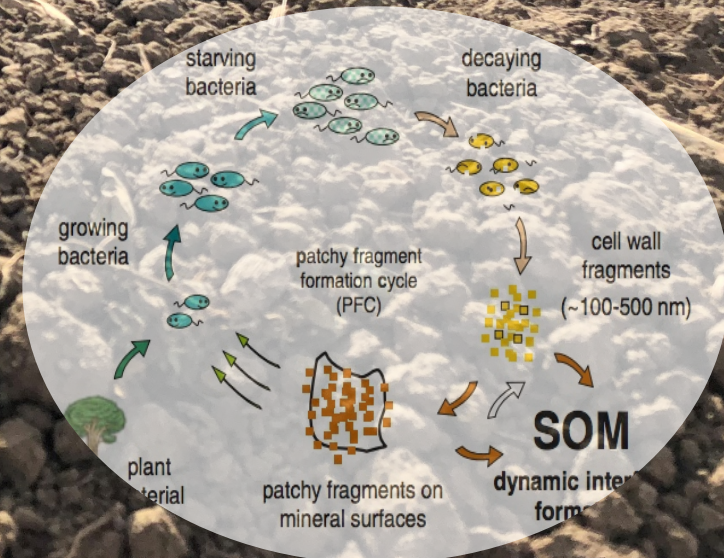


Impacts
Monitoring and evaluation

Mitigation: management impacts on soil carbon sequestration

After 20 yrs, soil carbon concentration:

- increases by 12.5% w/ compost + cover crops
- increases by 3.5% w/cover crops
- remains same without extra inputs



Adaptation: growing technologies & practices to support more efficient use of water in agriculture.

- environmental trade-offs; e.g. soil health
- incentives for farmer adoption, scaling from farm to basin?



Farm is meeting place and hub for exchange/innovation



The memories of soil may be most instructive

‘One way of fostering this long view is through “listening places”—places set aside for patient and oft-repeated measurements, where our observations are melded into those of our predecessors, then handed off as heirlooms to those who follow us.

(Janzen 2016)

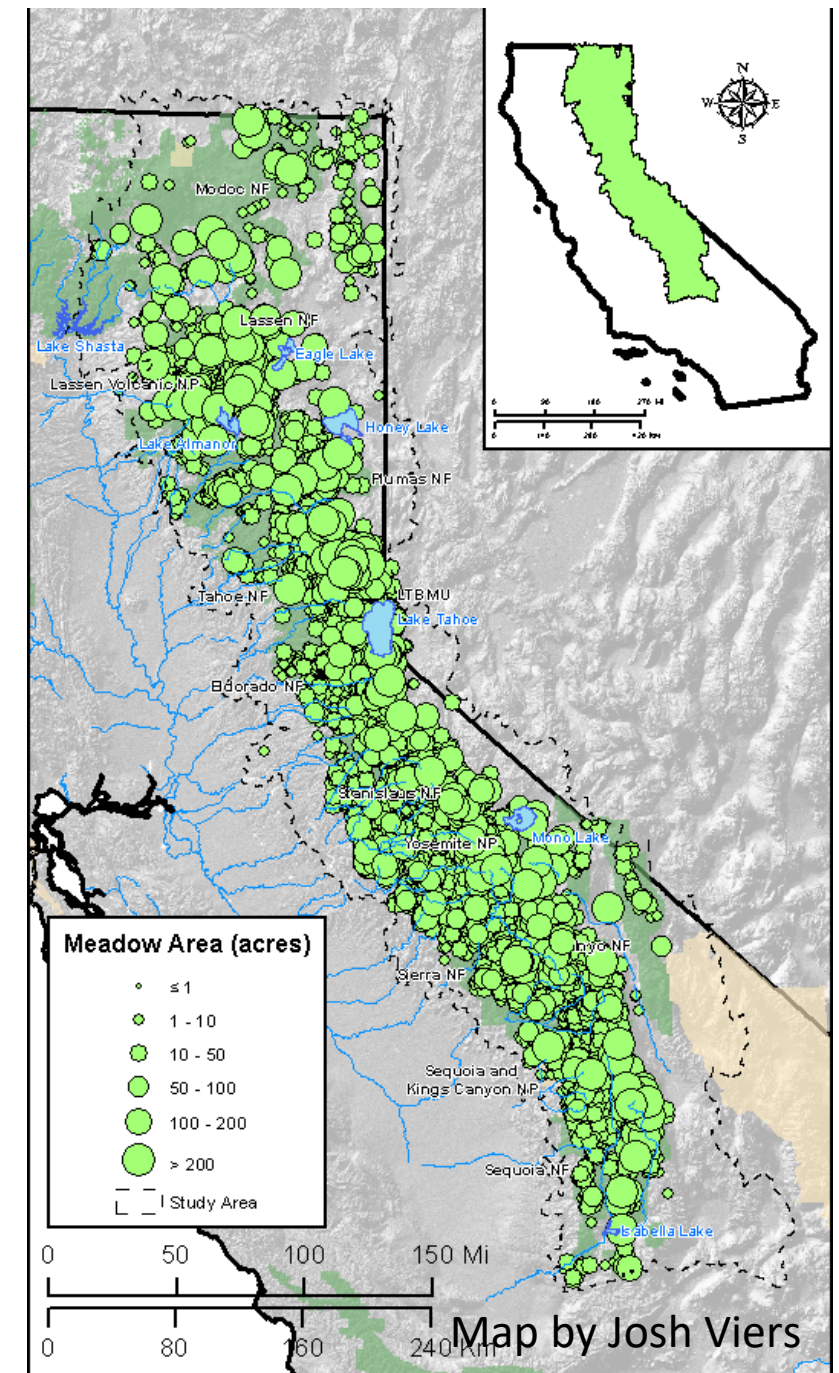


Carrie Monohan, Meadow Restoration as a Strategy to Increase Resiliency for Climate Change

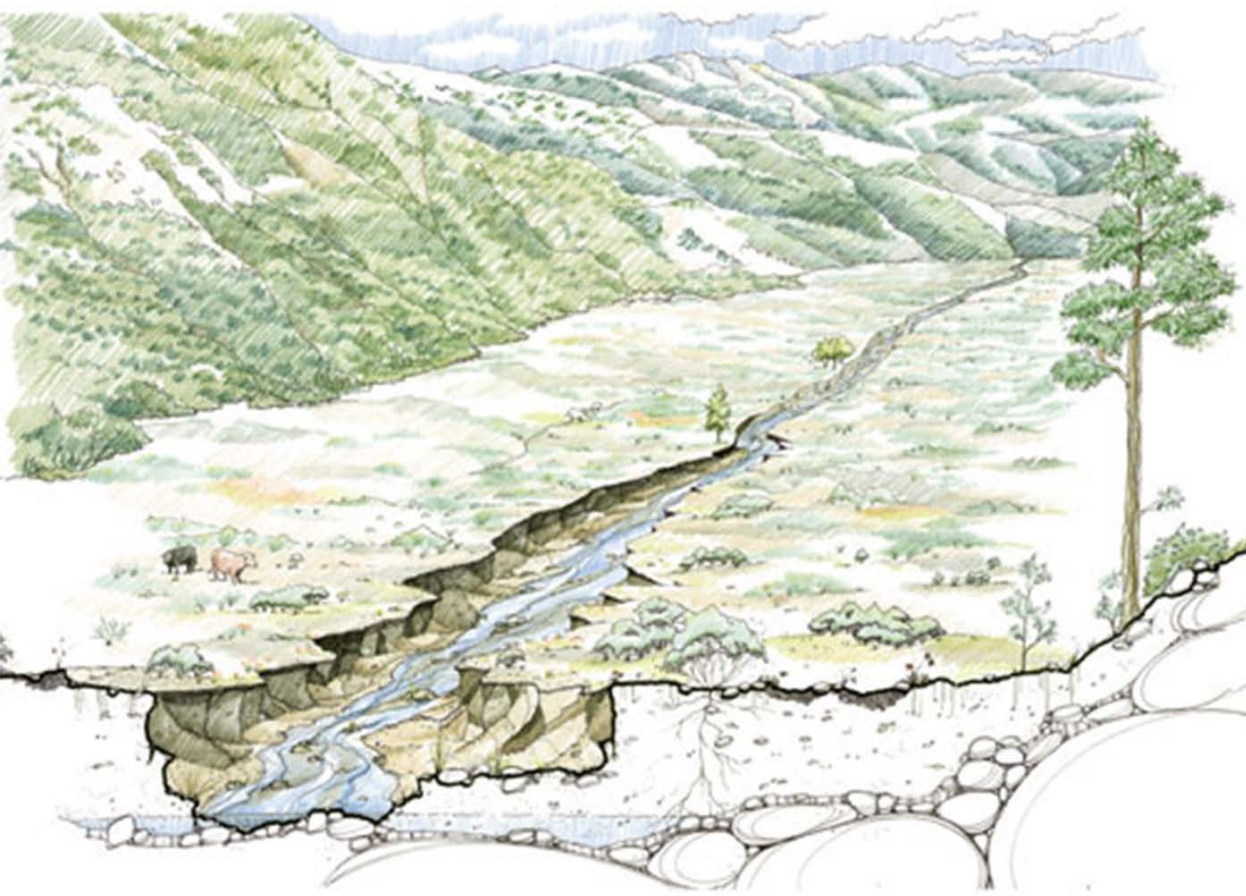
Meadow Restoration as a Strategy to Increase Resiliency for Climate Change

Carrie Monohan Ph.D., The Sierra Fund and
California State University, Chico
and

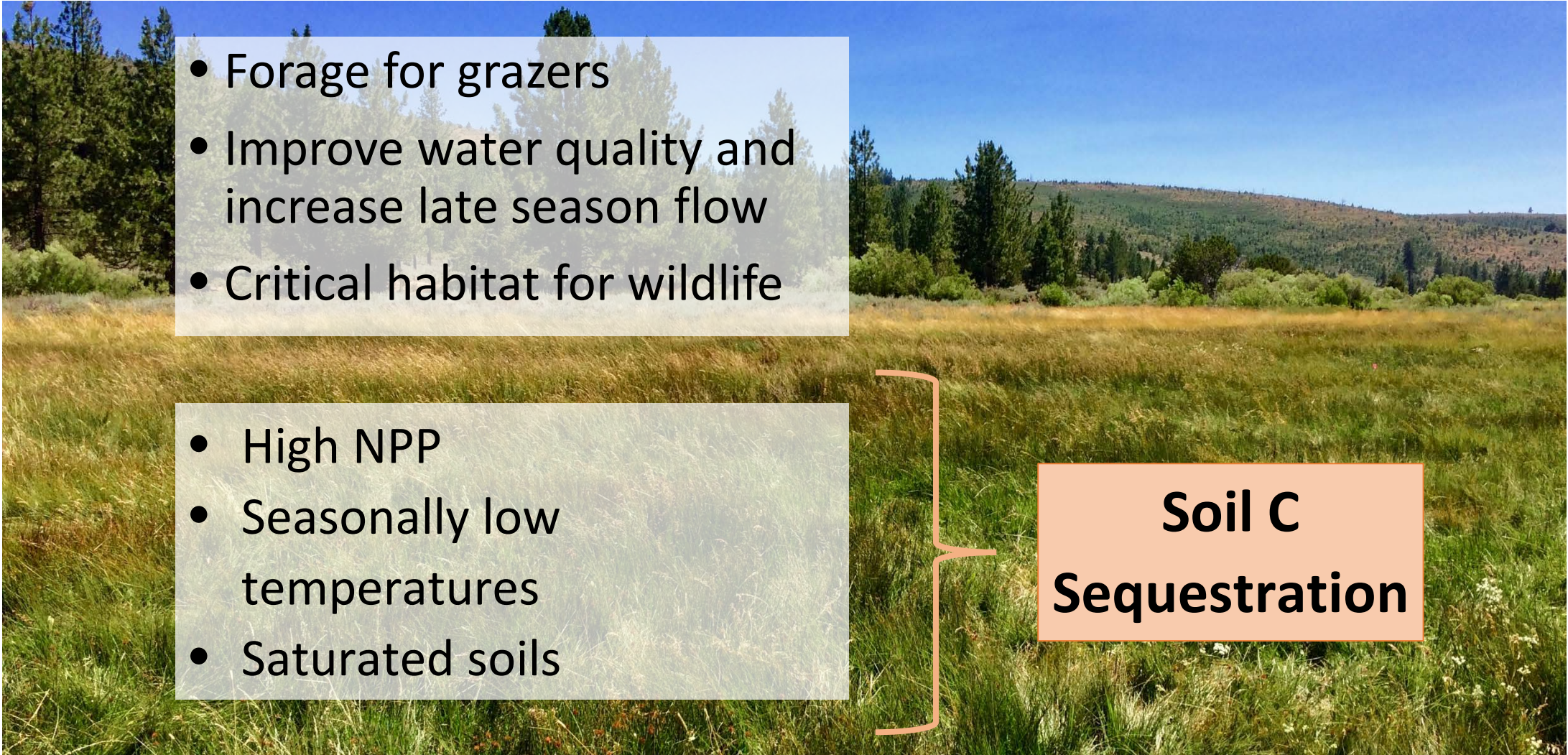
Cody Reed, University of Nevada, Reno



Meadow Degradation and Restoration



Benefits of Healthy Meadows

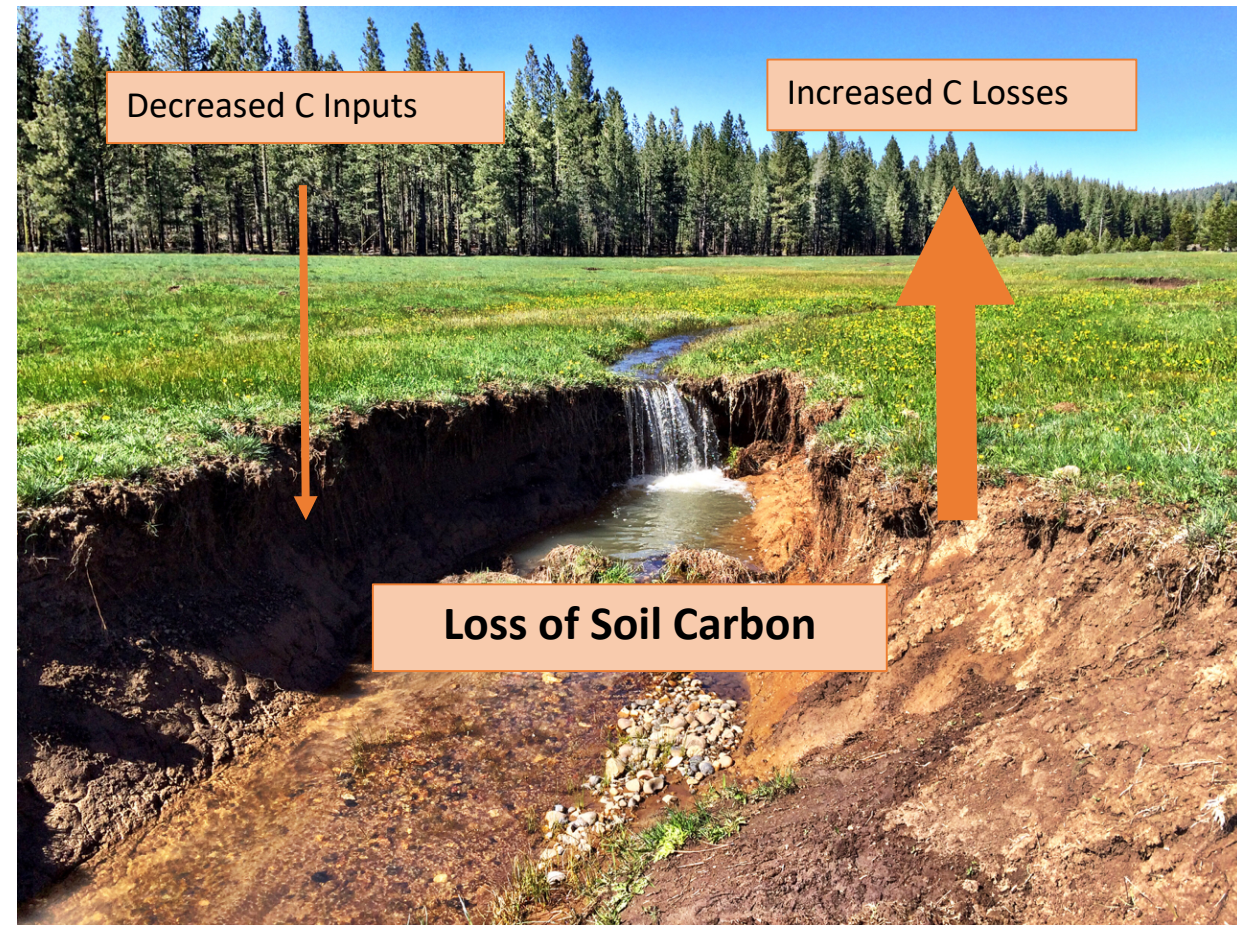
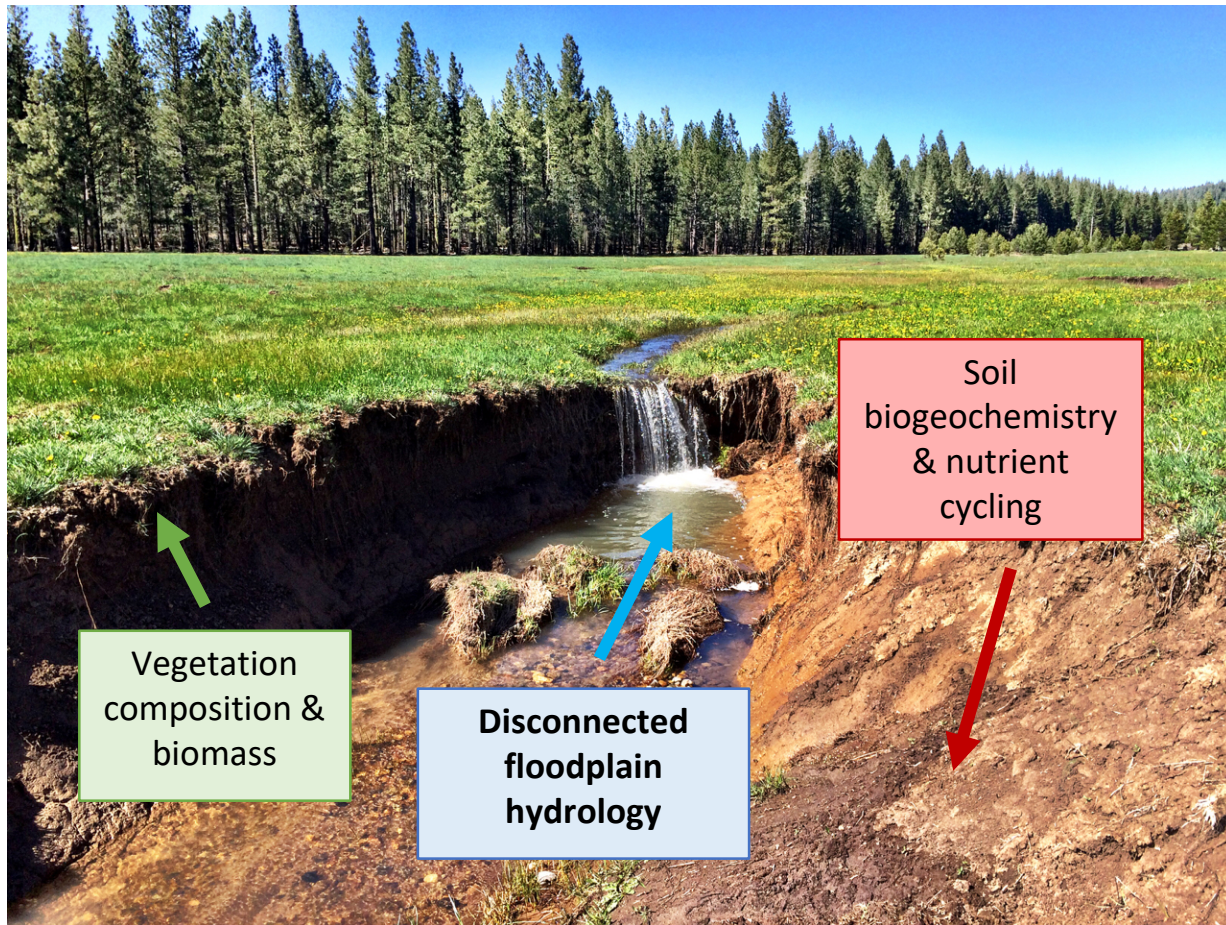
- 
- Forage for grazers
 - Improve water quality and increase late season flow
 - Critical habitat for wildlife

- High NPP
- Seasonally low temperatures
- Saturated soils

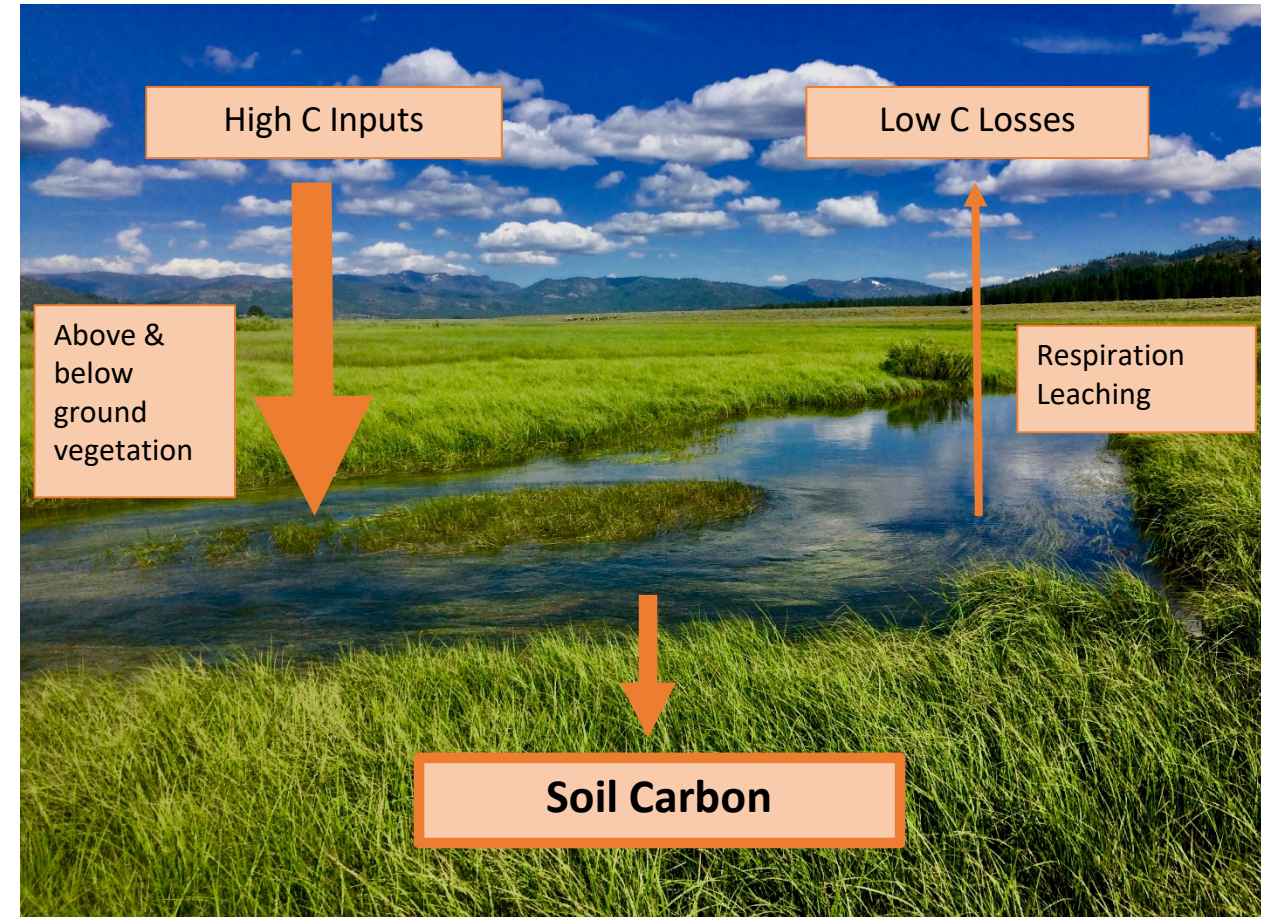
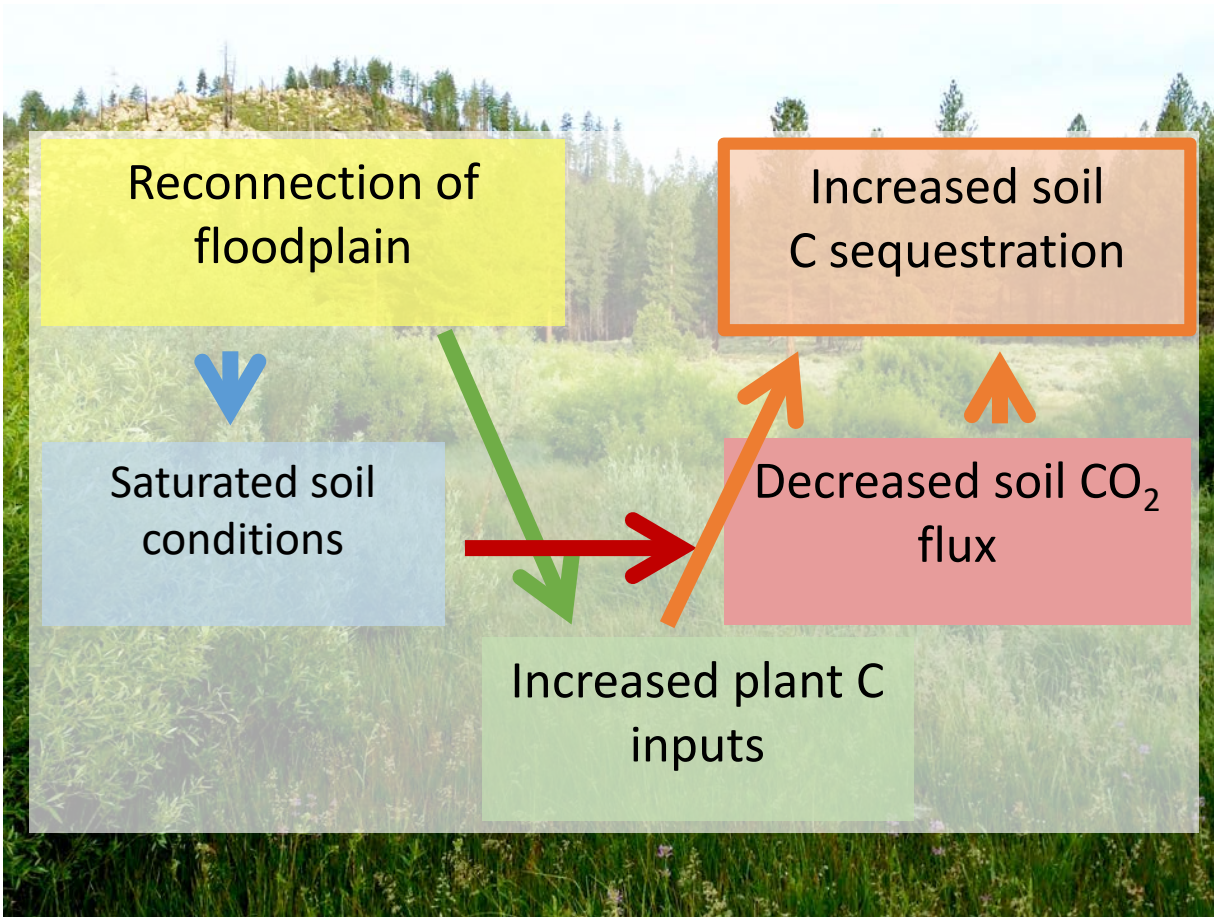
**Soil C
Sequestration**

"The biology lives in the hydrology, and the hydrology flows over the geology."

60-70% of Sierra Nevada Meadows are Degraded (180,000 – 210,000 acres)

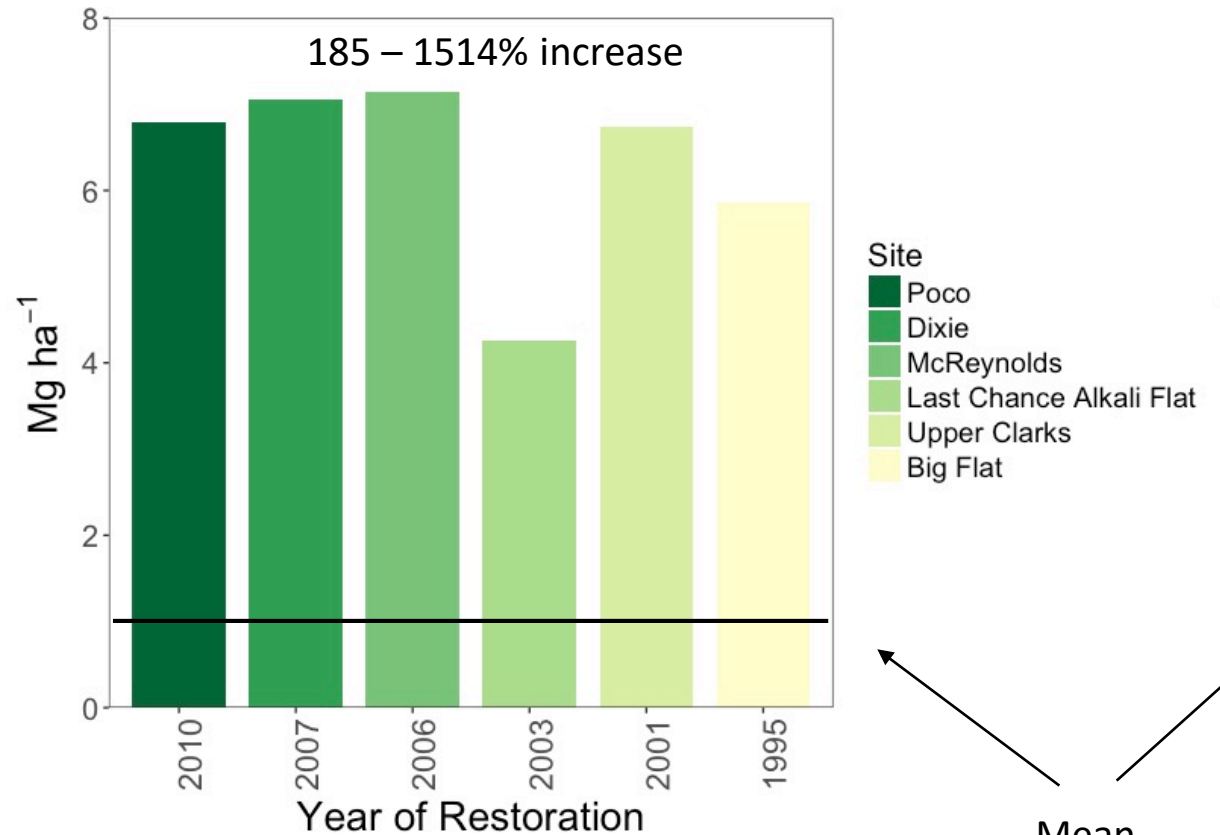


Restoration of Floodplain Hydrology may be a Solution

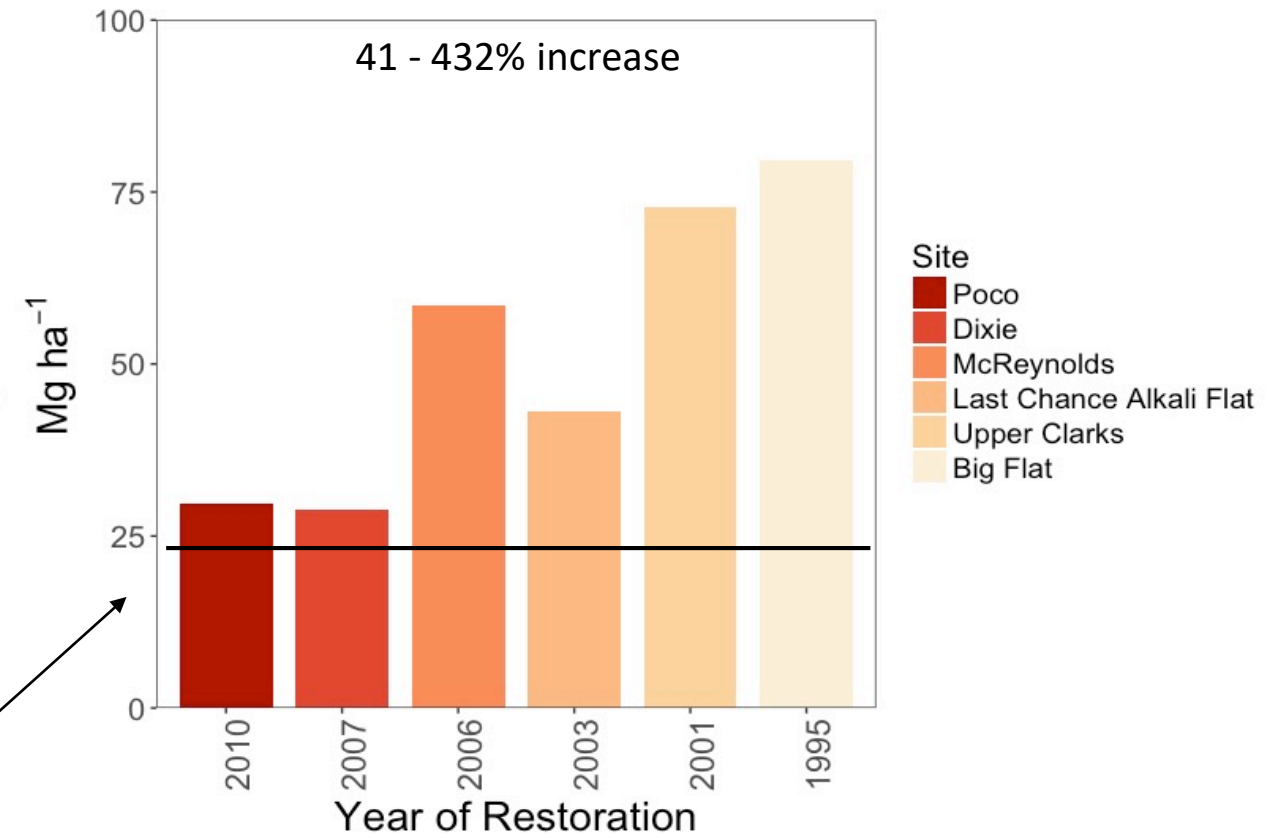


Meadow Restoration and Biomass

Above Ground Biomass



Below Ground Biomass



Mean
pre-restoration
values

Summary

- Preliminary results indicates that healthy meadows are net C sinks, whereas degraded meadows are net sources of C to the atmosphere
- Restoring meadows could stem net C losses and may sequester additional soil C
- Meadow restoration may also yield benefits for forage and downstream water supplies



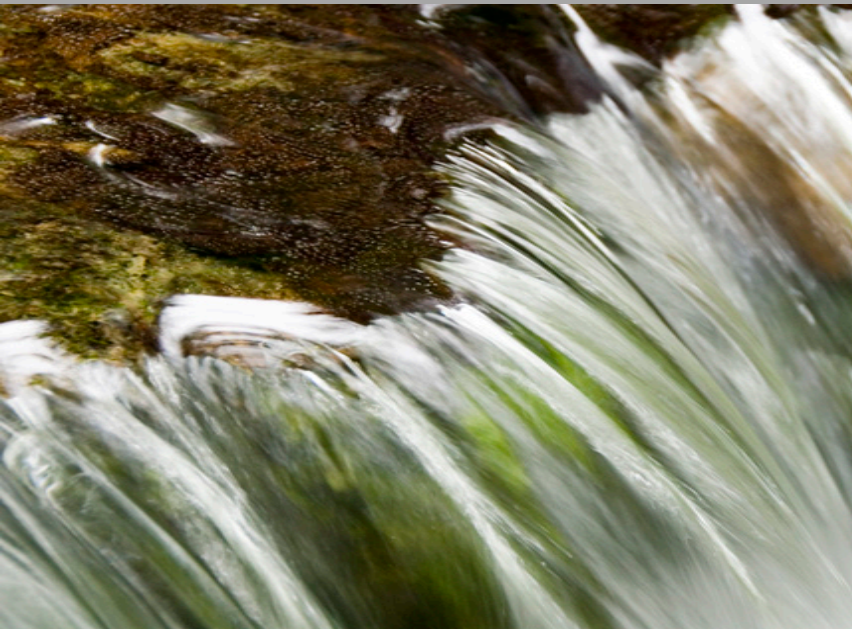
Carrie Monohan, Ph.D.,
Science Director

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Cody Reed,
University of Nevada, Reno

coditareed@gmail.com

Thank You





**Sibella Kraus, The Bay Area Agriculture
and Food Economy: Existing Conditions
and Strategies for Resilience**

Bay Area Food Economy

Existing Conditions and Strategies for Resilience

Sibella Kraus, Sustainable Agriculture Education (SAGE)

www.sagecenter.org

Managing Lands in a Changing Climate to Improve Agricultural Resilience, Food Security and Health

Global Climate Action Summit Affiliate Event

University of California, Davis September 10, 2018

Vision

The Bay Area's extraordinarily rich and diverse food system is recognized and invested in as an integral part of our region's economic prosperity, environmental sustainability, social equity, regional identity, and vibrant cultural life.

Sunol Agricultural Park

Photo credit: Stephen Joseph



Agriculture and Food Sector Jobs

Conditions

- Almost ½ million jobs, 13% of regional workforce
- Wages 64 % lower than regional average
- Labor shortages
- Mobility

Issues

- Pathways to better jobs
- Skills and training needed
- Food and ag jobs of the future

Opportunities

- Transportation demand management (*Moving to Work*)
- Employer and training program collaborations
- Employee ownership models
- Housing and jobs match; immigration overhaul



Ag-Food Sector Infrastructure

Conditions

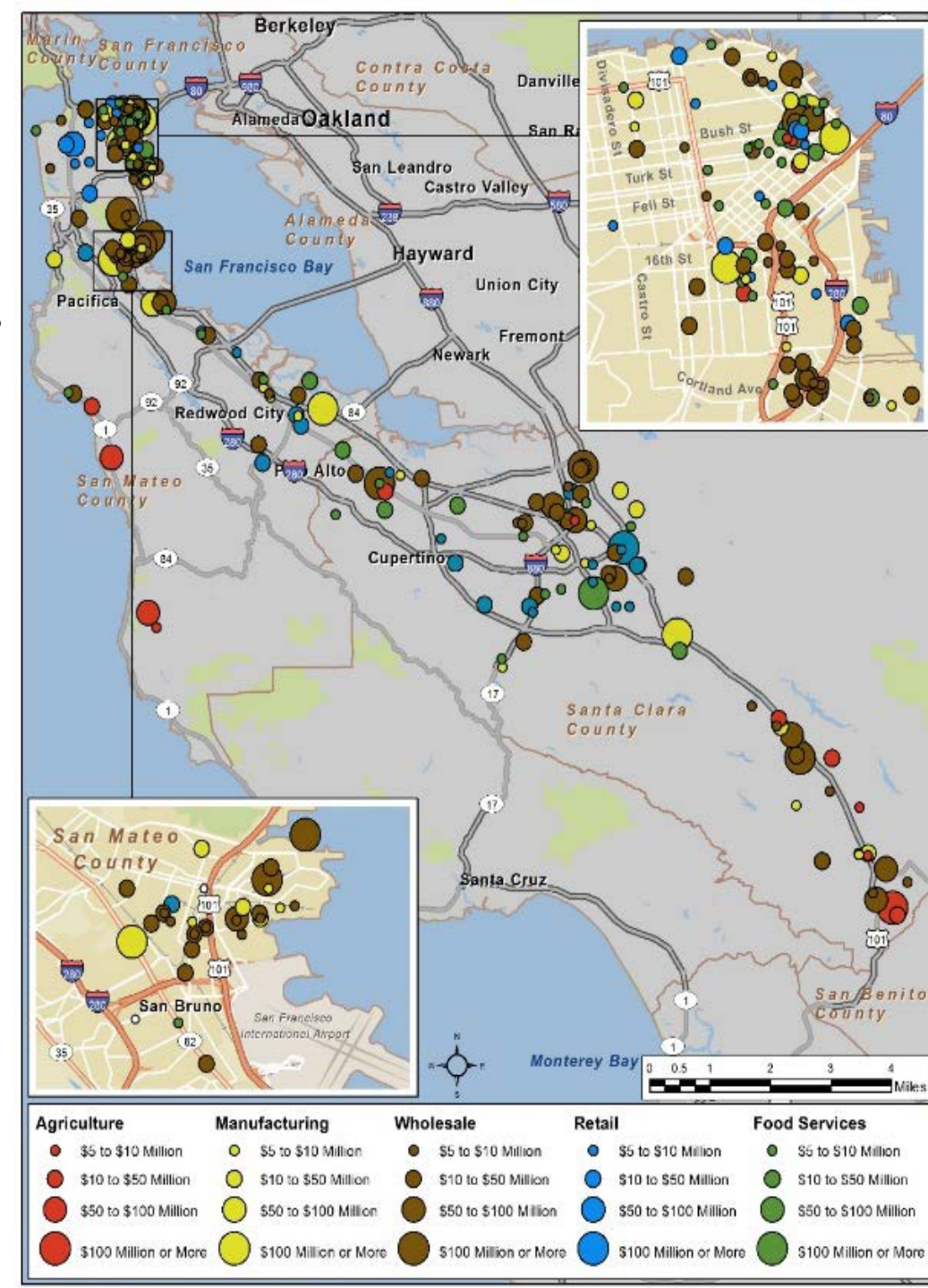
- Almost 38,500 businesses; 84% with 1-14 employees
- \$113 billion annual revenues
 - 70% from distribution and retail

Issues

- Competitive industrial real estate market
- Traffic congestion and food distribution
- Resilience to natural disasters and shocks

Opportunities

- Disaster preparedness for small food businesses
- Investments in distribution and processing facilities
- Analysis of food goods movement



Agriculture	Manufacturing	Wholesale	Retail	Food Services
 \$5 to \$10 Million	 \$5 to \$10 Million	 \$5 to \$10 Million	 \$5 to \$10 Million	 \$5 to \$10 Million
 \$10 to \$50 Million	 \$10 to \$50 Million	 \$10 to \$50 Million	 \$10 to \$50 Million	 \$10 to \$50 Million
 \$50 to \$100 Million	 \$50 to \$100 Million	 \$50 to \$100 Million	 \$50 to \$100 Million	 \$50 to \$100 Million
 \$100 Million or More	 \$100 Million or More	 \$100 Million or More	 \$100 Million or More	 \$100 Million or More

Agricultural Resource Base

Conditions

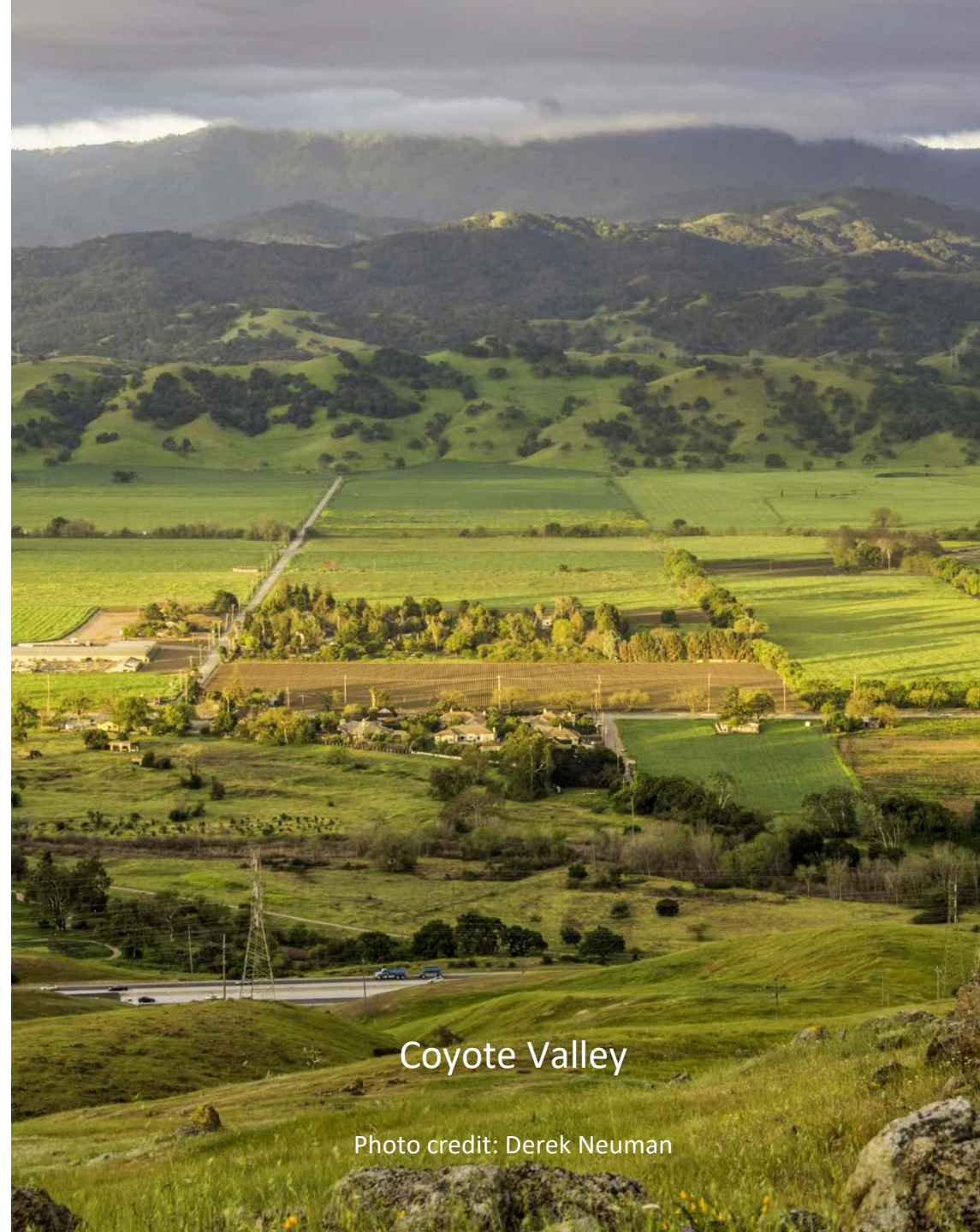
- 40 % of Bay Area land (2.3 M acres)
- 1.7 M acres of ranchland; 570,00 acres of farms
- \$2.7 B production value; \$ 6.1 B total value

Issues

- Over 200,000 acres at risk of development
- Accessibility for new farmers
- Regulatory challenges
- Valuing and securing critical resources

Opportunities

- Santa Clara Valley Ag Plan: Investing in Working Lands for Regional Resilience
- San Jose's Measure T could protect multi-benefit farmland



Coyote Valley

Photo credit: Derek Neuman

Plan Bay Area 2050 - Role Agriculture and Food



Project of the Association of Bay Area Governments (ABAG) and the Metropolitan Transportation Commission (MTC)






Agriculture and Food Sector challenges and opportunities



- Land base - further development or preservation
- Ecosystems services on working lands – how valued
- Food production – local, global, land-based, lab-based
- Ag and food jobs – artisan, high tech, fair, marginal
- Ag and food infrastructure – dispersed, centralized
- Distribution – internet and AVs, market centers
- Food security – accessible, privileged



FUTURE NAME	
	Clean and Green
	Rising Tides, Falling Fortunes
	Back to the Future



S U S T A I N A B L E A G R I C U L T U R E E D U C A T I O N

www.sagecenter.org

Bay Area Food Economy White Paper



Lightning Talks: Success Stories at the Ag-Food Security Nexus

If you have questions or comments please connect with the presenters during the break

Moderator: Terra Kelly, One Health Institute & UCGHI Planetary Health Center, School of Veterinary Medicine, UC Davis

- Frank Mitloehner, Addressing the 2050 Food Challenge – a Sustainable Solution
- Kate Scow, Long-term, Large-scale Agroecological Experiments are Unique Testbeds
- Carrie Monohan, Meadow Restoration as a Strategy to Increase Resiliency
- Sibella Kraus, The Bay Area Agriculture and Food Economy

During the Break

Please Check Out the Posters



From 3:00 – 7:00 PM the posters will be available for viewing in the lobby of the Mondavi Center

- “The Effects of Climate Change on Poultry Production in California” **Sarai Acosta**, Junior Specialist with Population Health and Reproduction, School of Veterinary Medicine, UC Davis and Maurice Pitesky,
- “The Impact of Climate Change on Food Security in Northeastern Uganda” **Laura Atukunda**, School of Public Health, University of California Berkeley
- “San Joaquin Land and Water Strategy: Exploring the Intersection of Land and Water Resources in California’s San Joaquin Valley” **Justin Bodell**, California Conservation and Stewardship Program Manager, American Farmland Trust, and Serena Unger
- “Communicating the “state of the science” of key soil health practices in California” **Tom Tomich**, Director, Agricultural Sustainability Institute at UC Davis. UC Sustainable Agriculture Research and Education Program, and Kate Scow, Sonja Brodt, and Laura Crothers.
- And more...

*Time for
a break!*

Please Return at 3:30 PM

Combating the Impacts of Climate Change on Food Systems and Disease Issues at Multiple Scales



- Moderator: Christine Johnson, Associate Director, One Health Institute, School of Veterinary Medicine, UC Davis



- Ndola Prata, Associate Professor, School of Public Health, UC Berkeley



- Stephen Luby, Director of Research, Center for Innovation in Global Health, Stanford University



- Christine Stewart, Professor, Department of Nutrition, UC Davis



Ndola Prata, Associate Professor,
School of Public Health, UC
Berkeley



INVESTING IN WOMEN AND GIRLS TO MITIGATE THE THREATS FROM RAPID POPULATION GROWTH

Ndola Prata, MD MSc

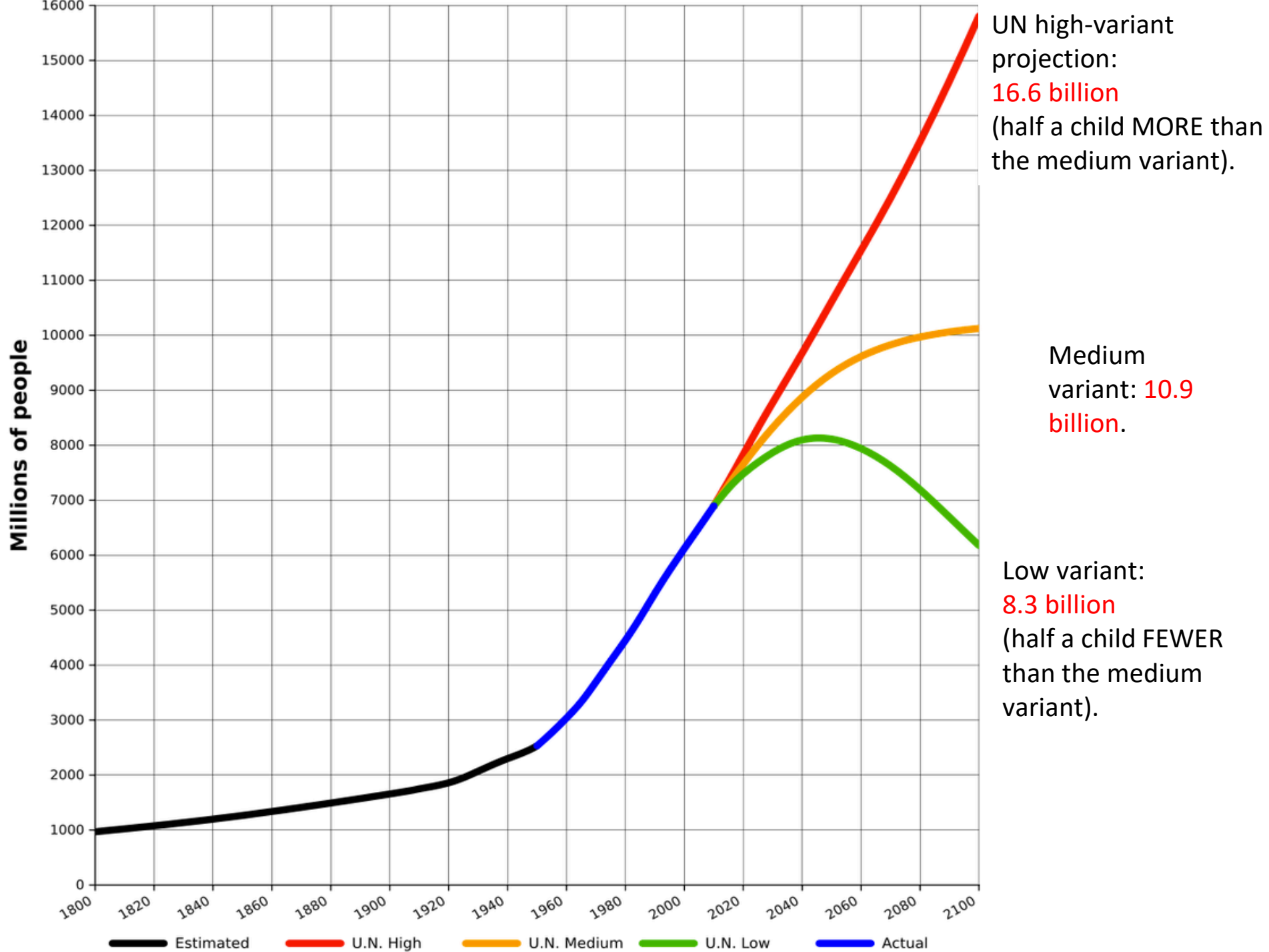
School of Public Health, University of California, Berkeley

Symposium: Managing Lands in a Changing Climate

UC Davis, September 10, 2018

World population today: 7.6 billion

- 200,000 years to reach **first billion**
- 130 years to add **second billion**
- 30 years to add **third billion**
- 15 years to add **fourth billion**
- 12 years to add the **fifth and sixth billion**



Rapid population growth

- **1965:** Most rapid **percentage** increase in global population
 - Population = 3.3 billion
 - Annual increase = 2.5%/year
 - Absolute increase = 68 million more births than deaths
- **2015:** Most rapid increase in **absolute** numbers
 - Population = 7.3 billion
 - Annual increase 1%/year
 - Absolute increase = 88.9 million more births than deaths

Population Growth Rate (r)

Percent growth:

Doubling time:

1%

70 years

2%

35 years

3%

23 years

Threats Posed by Rapid Population Growth

- Use of natural resources
- Conflict
- Environmental degradation
- Poverty & Inequality
- Nutrition
- Disease
- Climate change
- ...and much more....

Fertility levels and where most of the population growth comes from

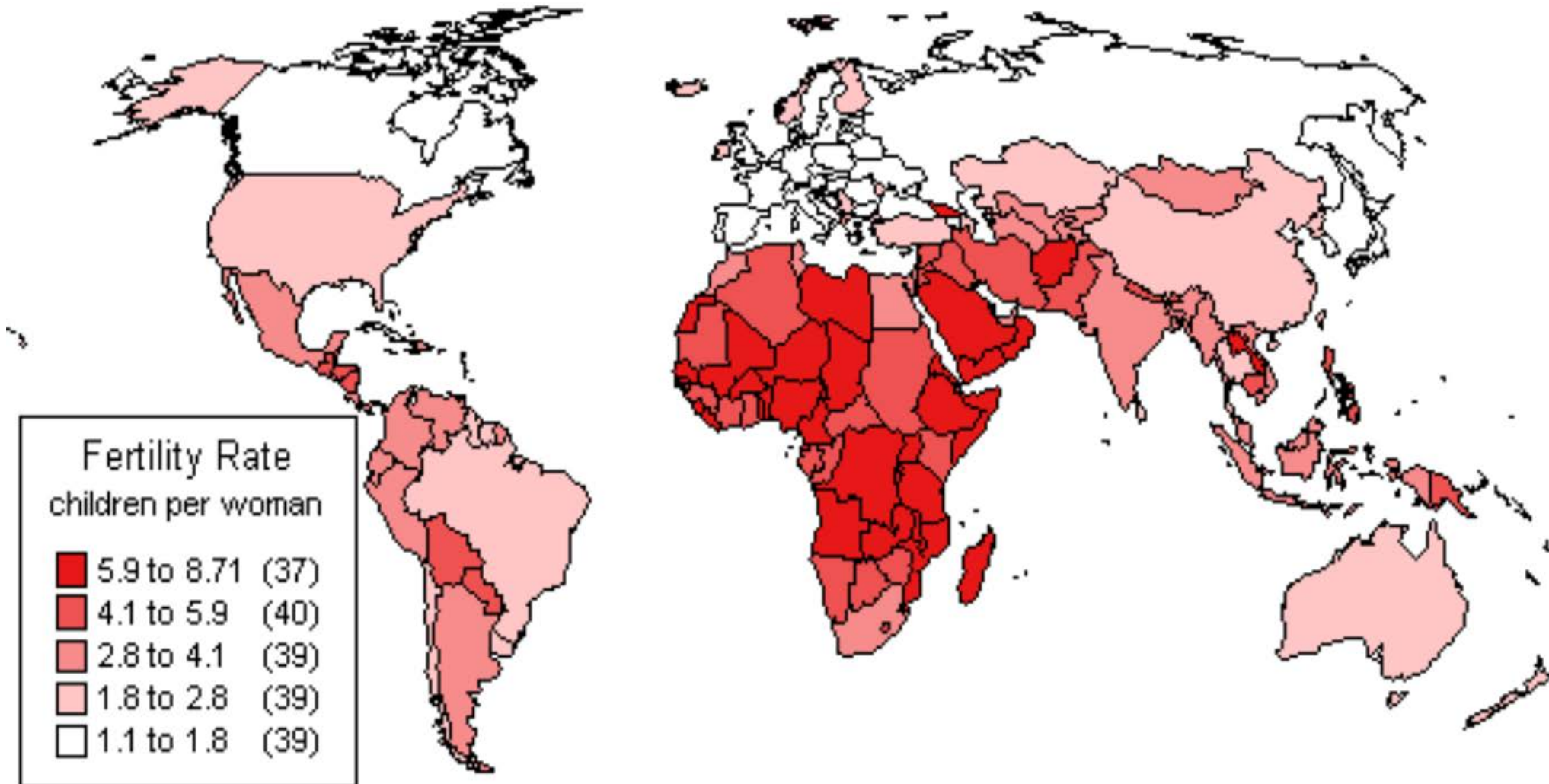
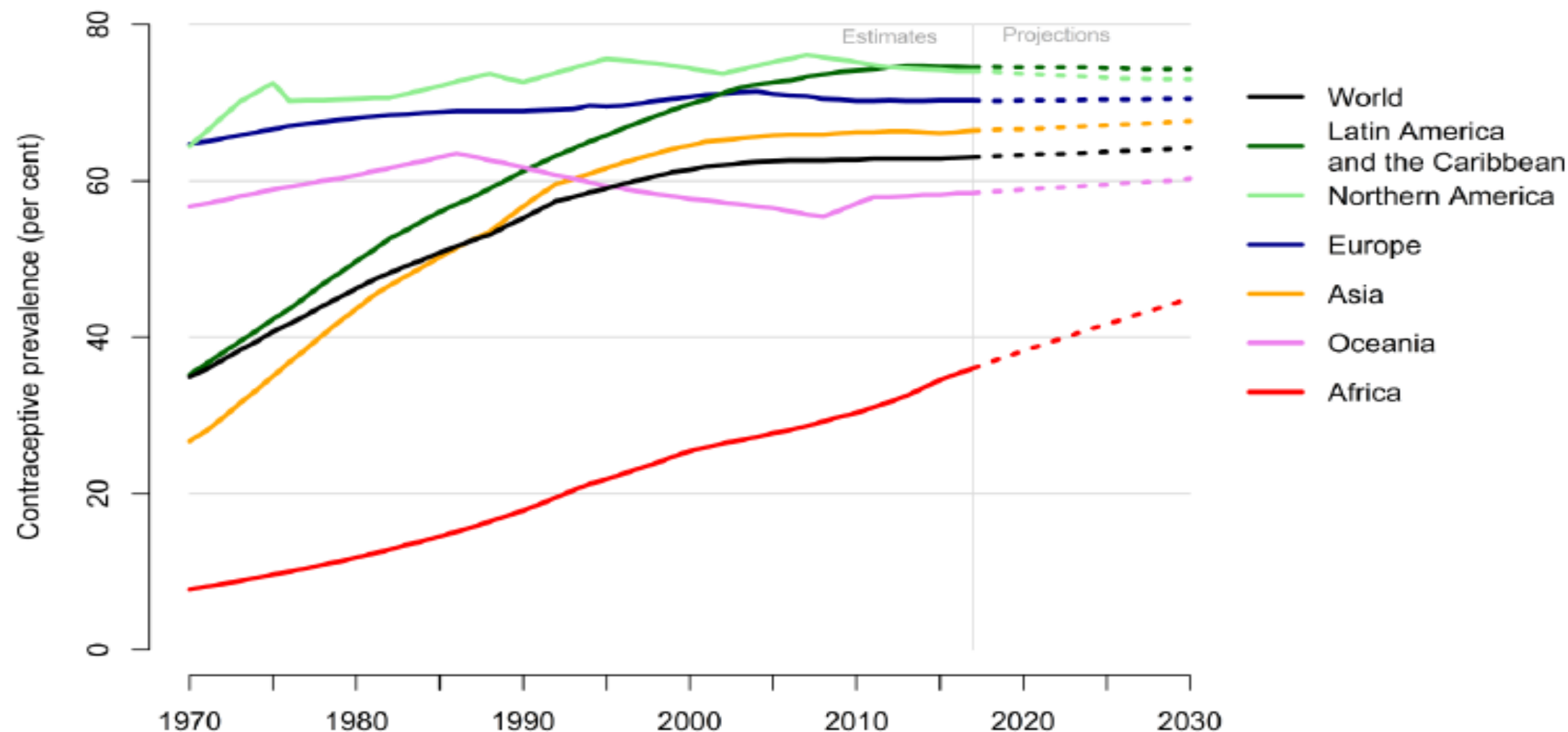
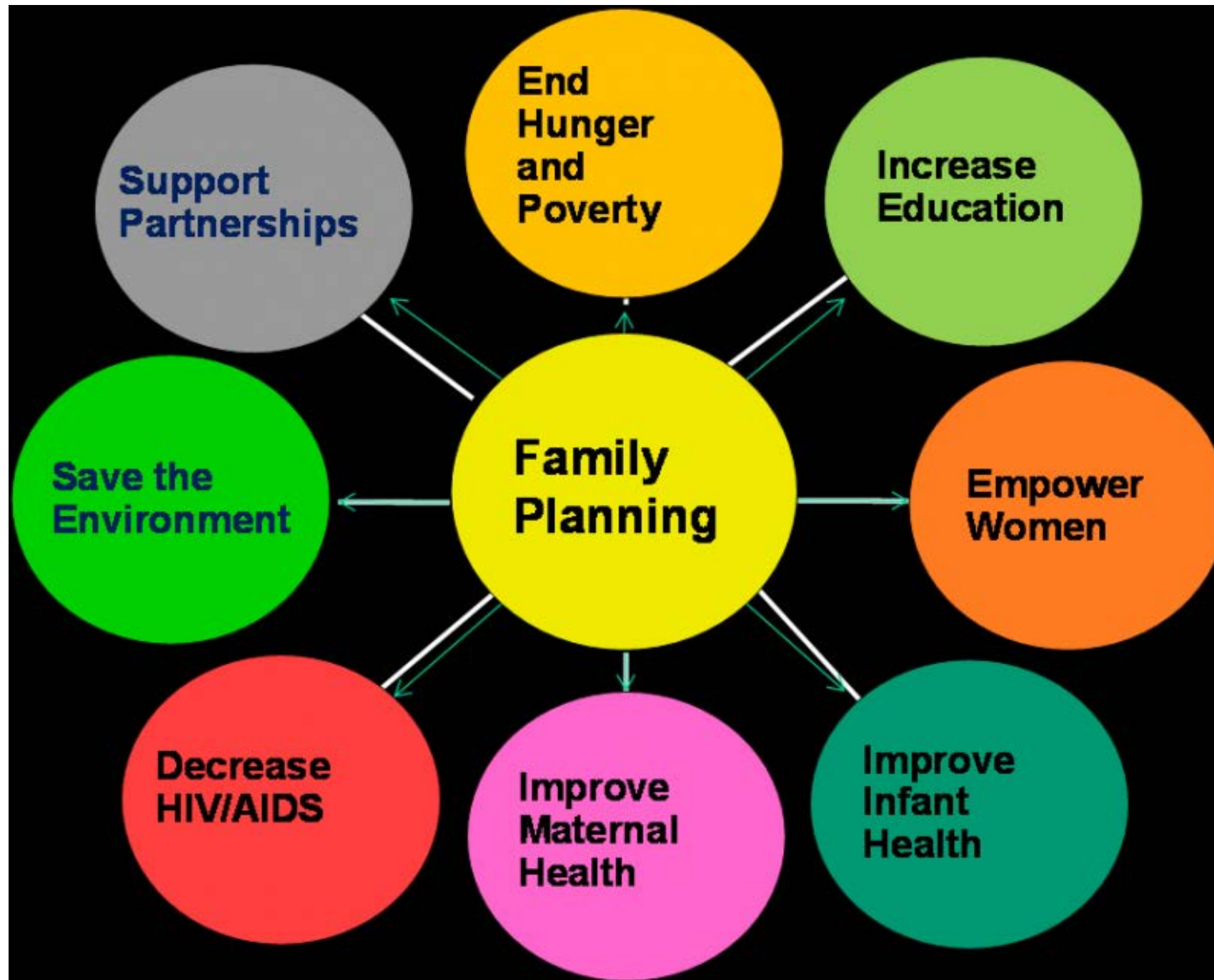


Figure 1. Contraceptive prevalence (any method) among married or in-union women, by region, from 1970 to 2030



Data source: United Nations, Department of Economic and Social Affairs, Population Division (2017b). *Model-based Estimates and Projections of Family Planning Indicators 2017*. New York: United Nations.



Children
by choice,



not by
chance.

Investing in women and girls

- Education
- Empowerment
- Access to comprehensive sexual and reproductive health information and services





Solutions that help
humans, plants
and animals

PHOTO COURTESY OF PABLO TOSCO/OXFAM





Stephen Luby, Director of Research,
Center for Innovation in Global
Health, Stanford University



Photo: Mizan Rahman

Brick Manufacturing and Public Health in Bangladesh

Steve Luby, MD

North South University

10 September 2018



Global warming from South Asian brick kilns

- Black carbon / aerosols
 - 1.4 TW global radiative forcing
 - over 1 year
- Green house gases
 - Generates 3.1 TW radiative forcing
 - Over 100 years
- Passenger cars in the U.S. generate
~5 TW of integrated radiative forcing
annually



Why do farmers sell their soil?



- Financial gain:
 - One time 1 – 4x annual agricultural income
- 61% of farmers reluctantly sold soil to level land with neighbors

“My land remained high/dry, but there was water all around the land due to topsoil removal from those lands, I could not go there easily. Also the cattle were not taken there. Therefore, I was forced to sell.”



Why do farmers sell their soil?



- Financial gain:
 - One time 1 – 4x annual agricultural income
- 61% of farmers reluctantly sold soil to level land with neighbors
 - 36 – 77% loss in agricultural productivity in the following year
 - Not fully recovered after 5 years
- 100 million kg lost harvest nationally over 5 years
 - A salient issue for a country that has repeatedly experienced famine

Air pollution by fine particulate matter in Bangladesh

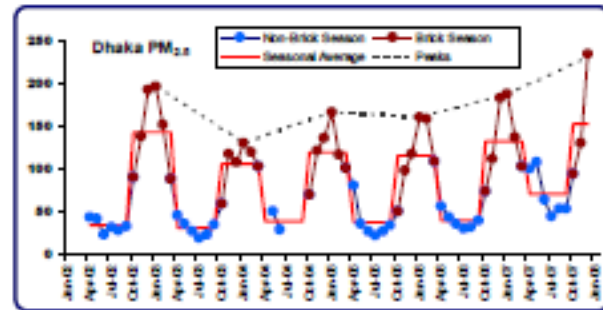
Bilkis A. Begum¹, Philip K. Hopke², Andreas Markwitz³

- Air sampling at the Atomic Energy Centre, Dhaka twice weekly since 1996
 - Measured black carbon and fine particulates
 - Chemical analysis of the particulates
- 2007 – 2009: Brick kilns account for
 - 91% of black carbon
 - 23% of PM 2.5 (40% during winter)

Impact Analysis of Brick Kilns on the Air Quality in Dhaka, Bangladesh

Dr. Sarath Guttikunda

May, 2009



“The incremental pollution of 40 µg/m³ (particulate matter), due to the brick kilns . . . translates to an increase in ~5,000 premature deaths annually in Dhaka city”



RobinM

Bangladesh

- Current brick production ≈ 25 billion / year
- Projected to increase 2 – 3 times in the next 20 years
- Similar projections across South Asia

Brick kiln types in Bangladesh

Kiln type	Number	% of total kilns	% of total brick production
Fixed chimney kiln	<4,500	92	91.4
Zigzag kiln	<150	3	0
Hoffman gas	<20	0.4	3.5
Hybrid Hoffman kilns	<10	0.2	1.4
Others	<200	4	0.9

Source: Bangladesh Department of the Environment 2010

Fixed Chimney kiln

Inefficient combustion
generates lots of black
carbon and particulate
matter

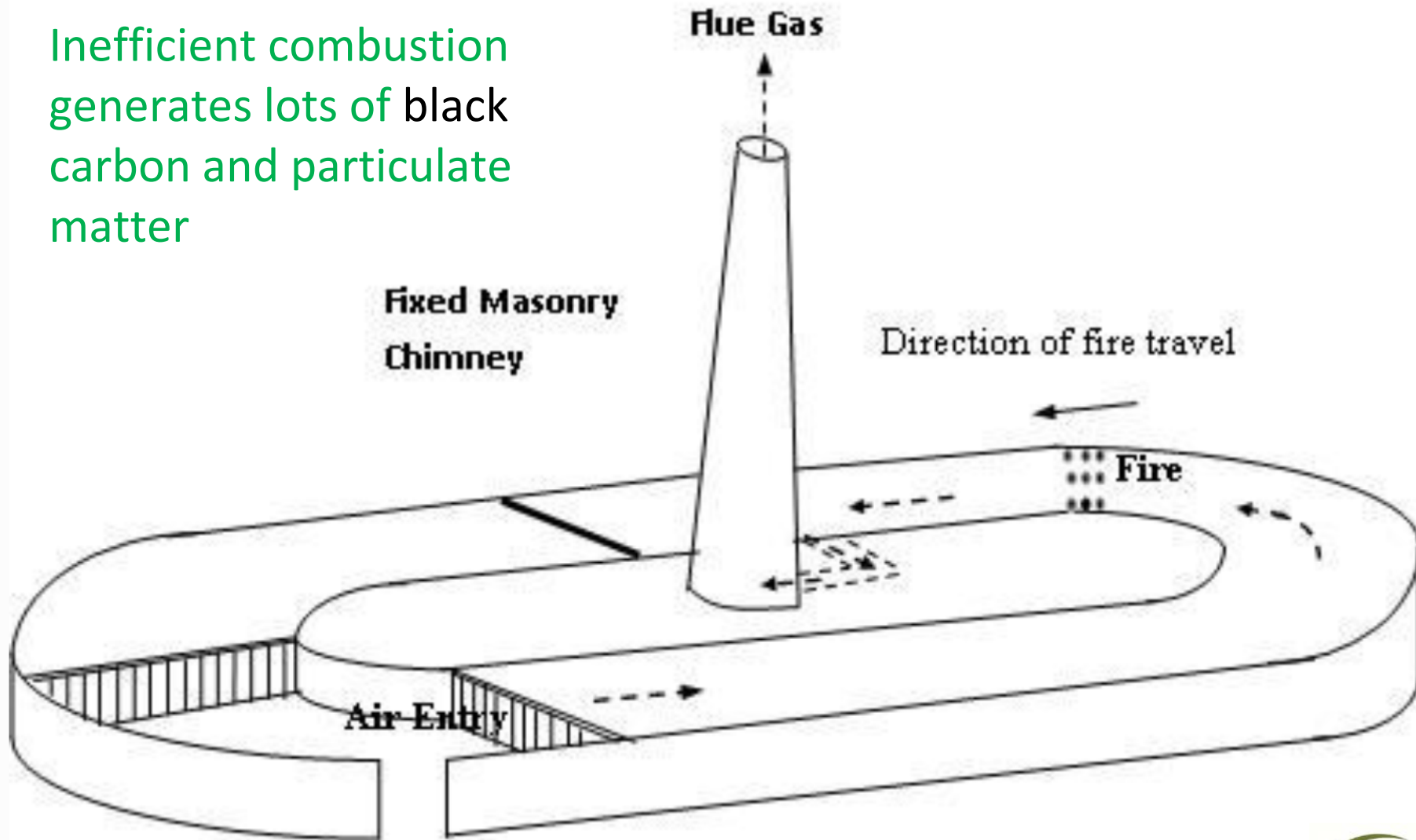


Image from: Dheeraj Lalchandani

Why fixed chimney kilns?

- Lowest capital costs
 - 65% of the cost of a zigzag kiln
 - 10% of the cost of a Hoffman tunnel kiln
- Highest / fastest return on investment
 - Break even in 2-3 years
 - 80% return on investment
- Only operates 6 months a year
 - Permits using floodplain land
 - Complements labor availability
- Widespread knowledge on how to build and operate
- Bricks are heavy; expensive to transport



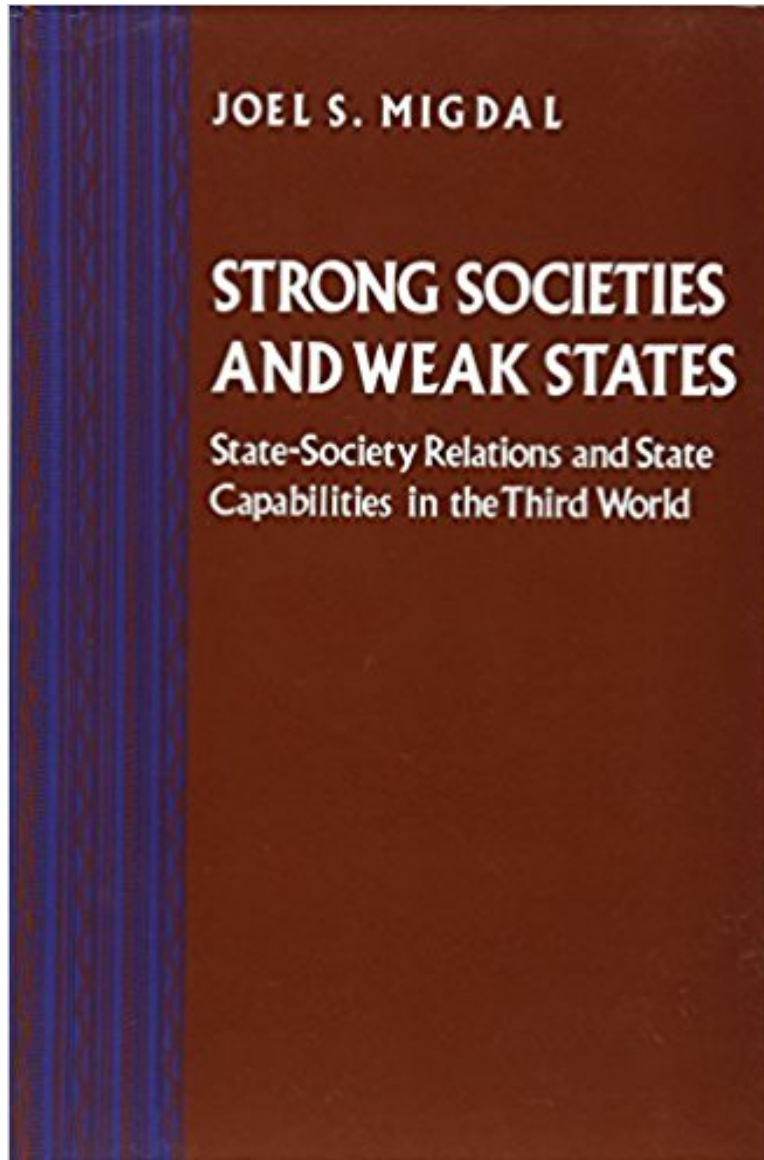
Typical small enterprise

- Low capital
- Low expertise
- Highly polluting

What can be done?



Weak states cannot enforce regulations



- State capabilities
 - Penetrate society
 - Regulate social relationships
 - Extract resources
 - Appropriate or use resources in determined ways
- Common measure of state strength is their ability to raise tax revenues
- In Bangladesh
 - <1% of individuals pay income tax

Transitioning brick making to large formal year round enterprises

- Advocated for decades
- Targets elites²
(not current kiln owners)
- Some model kilns constructed
- Bricks cost 40% more
- <10% market penetration

Objective

Transform the way bricks are manufactured in Bangladesh (and eventually across South Asia) so they generate less harm to the environment and health

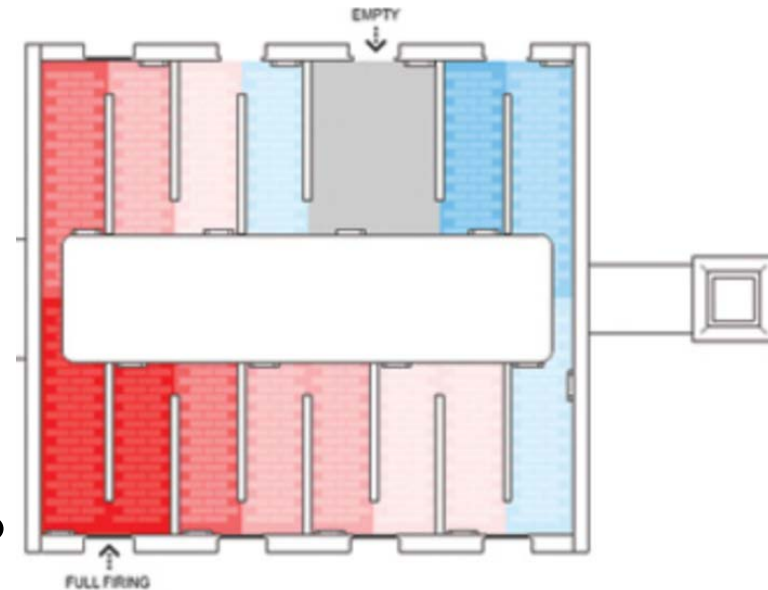
Strategy

- Work with current kiln owners
- Incentive compatible improvements
- Co-funding from climate change donors
- Continuous iterative improvement

Technologies to improve efficiency

- Improving efficiency
 - Reduces black carbon and small particulate emission
 - Reduces coal costs
- Compatible with kiln owners' incentives
- Reduces environmental and health harm
- Marginal approaches

- Improve fuel preparation and feeding
- Optimize brick layout



- Natural draft

- Using remote sensing to identify all brick kilns in Bangladesh
- Develop a publically available website + community outreach:
 - Locate all kilns
 - Project impact on agriculture and health
 - Provide path to lessen impact



Howard Zebker
Electrical
Engineering



Francis Fukuyama
Freeman Spogli
Institute

Conclusions

- Brick manufacturing in South Asia causes substantial adverse environmental and health outcomes
- Most determinants of public health are outside the Ministry of Health's control
 - Multiple stakeholders is the norm
- This problem is solvable





Christine Stewart, Professor,
Department of Nutrition, UC
Davis

Nutrition, food security and climate change

Christine P. Stewart, MPH, PhD
Associate Professor of Nutrition
University of California, Davis



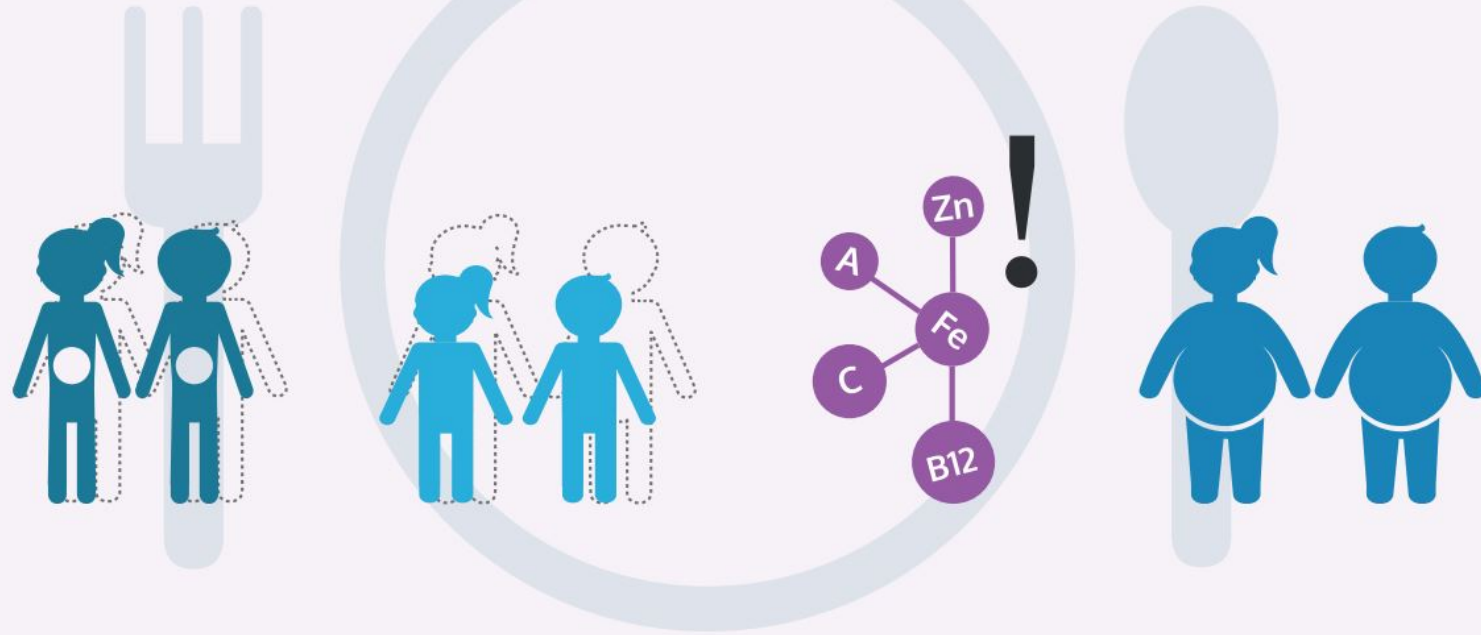
**Program in International
and Community Nutrition**

“Globally, one person in three is malnourished today and one in two could be malnourished by 2030 if nothing is done.”

High Level Panel of Experts for Food Security and Nutrition, 2017

Food and Agriculture Organization

Malnutrition comes in many forms



Undernutrition (wasting, stunting and micronutrient deficiencies) along with overweight and obesity

How has the prevalence of undernutrition changed over the last 25 years?

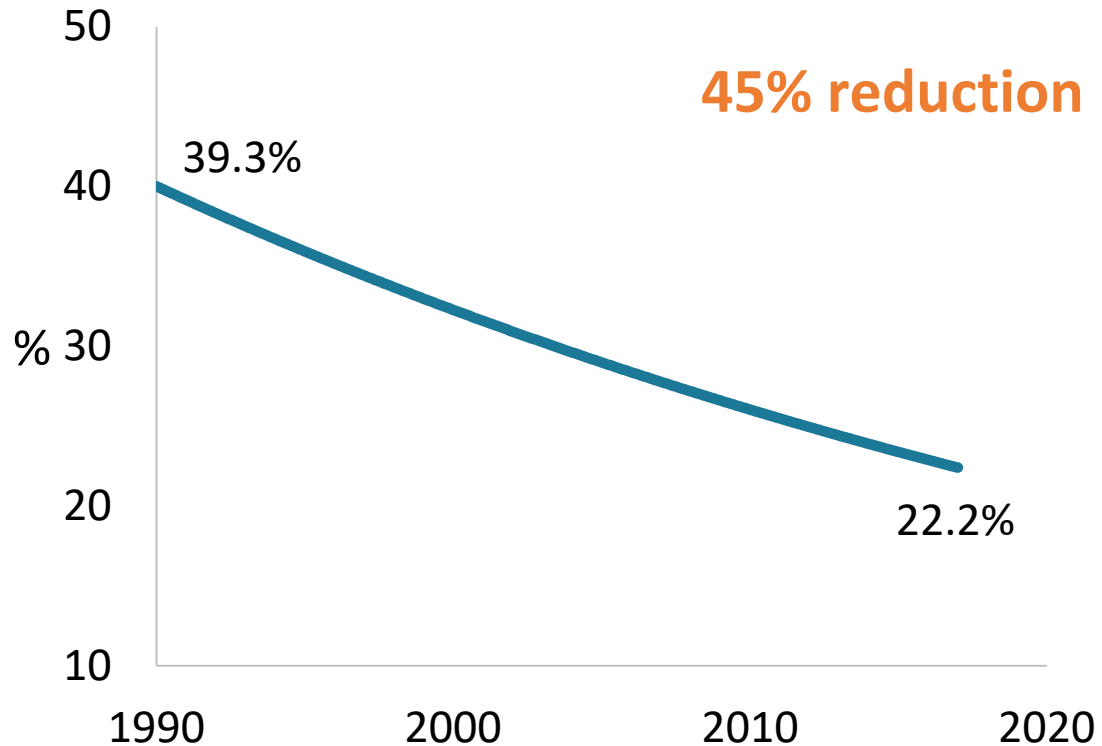
A. Increased

B. Stayed about the same

C. Declined

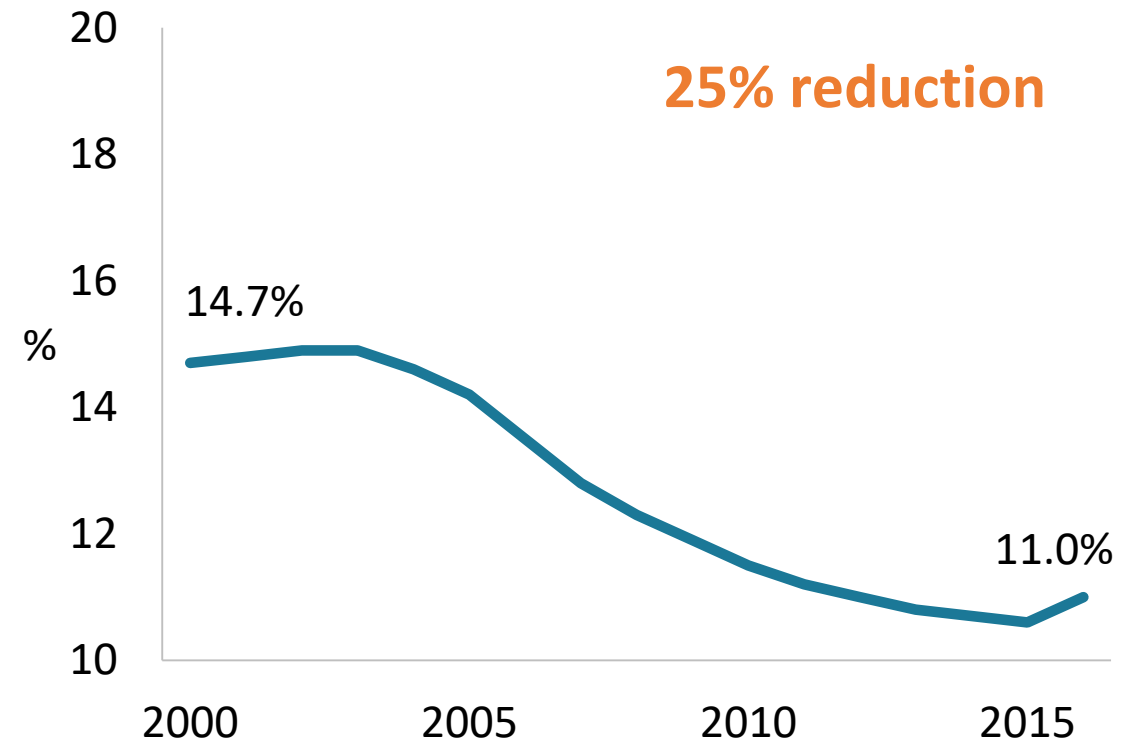
Many indicators of undernutrition show substantial improvements

Prevalence of child stunting



UNICEF, WHO, The World Bank, 2018

Prevalence of undernourishment



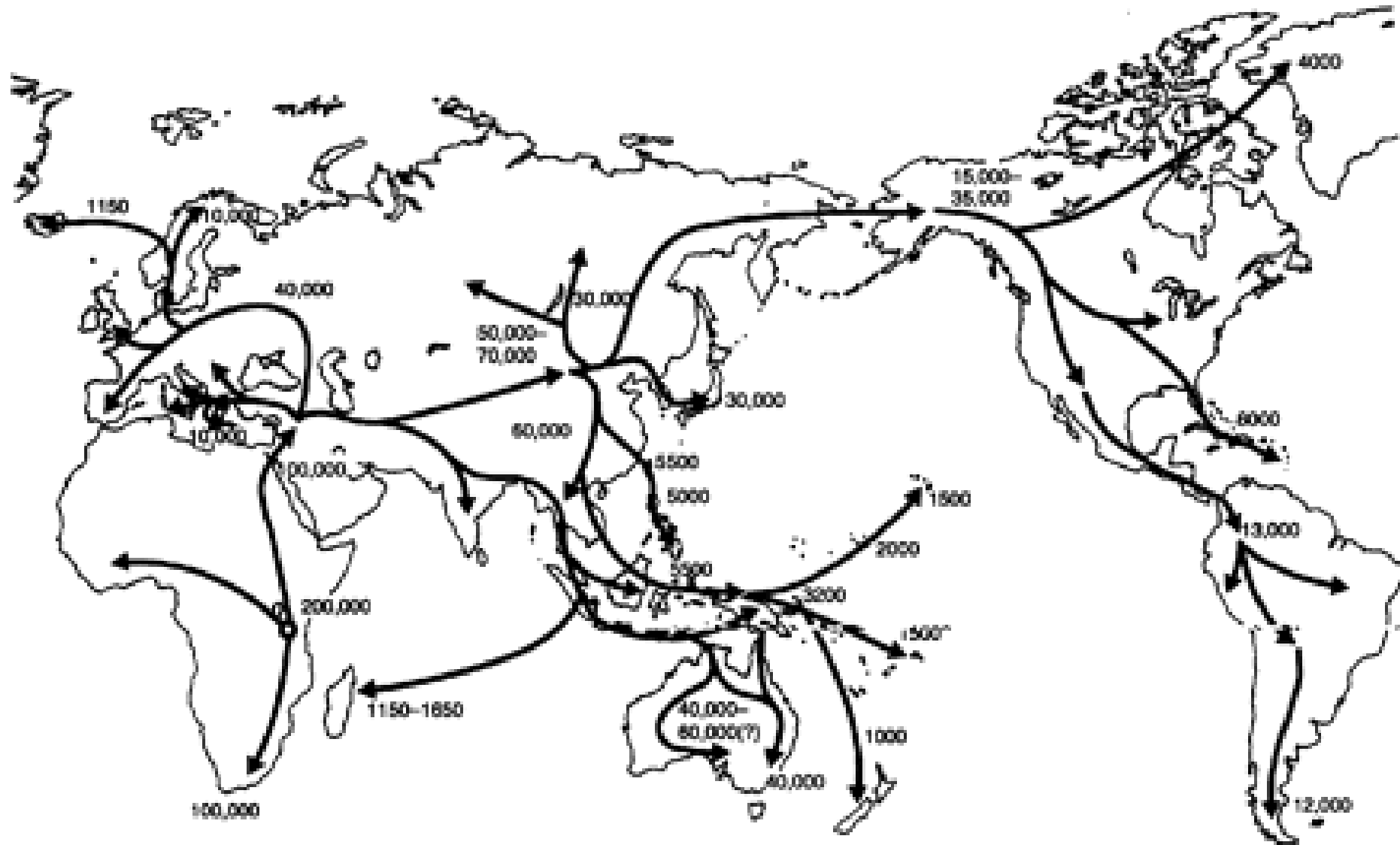
FAO, 2018

Climate change threatens these gains

Projections suggest multiple risks to nutrition and food security

- Unpredictable, extreme weather events will lead to greater instability in our ability to produce food
- Shortage of calories in the food supply by ~2050
- Reduction in the nutrient quality of staple foods (ex. iron, zinc, and protein concentrations reduced) with elevated CO₂
- Elevation in infectious diseases, such as diarrhea, which are associated with malnutrition
- Increase in global food prices will make poor families even more vulnerable

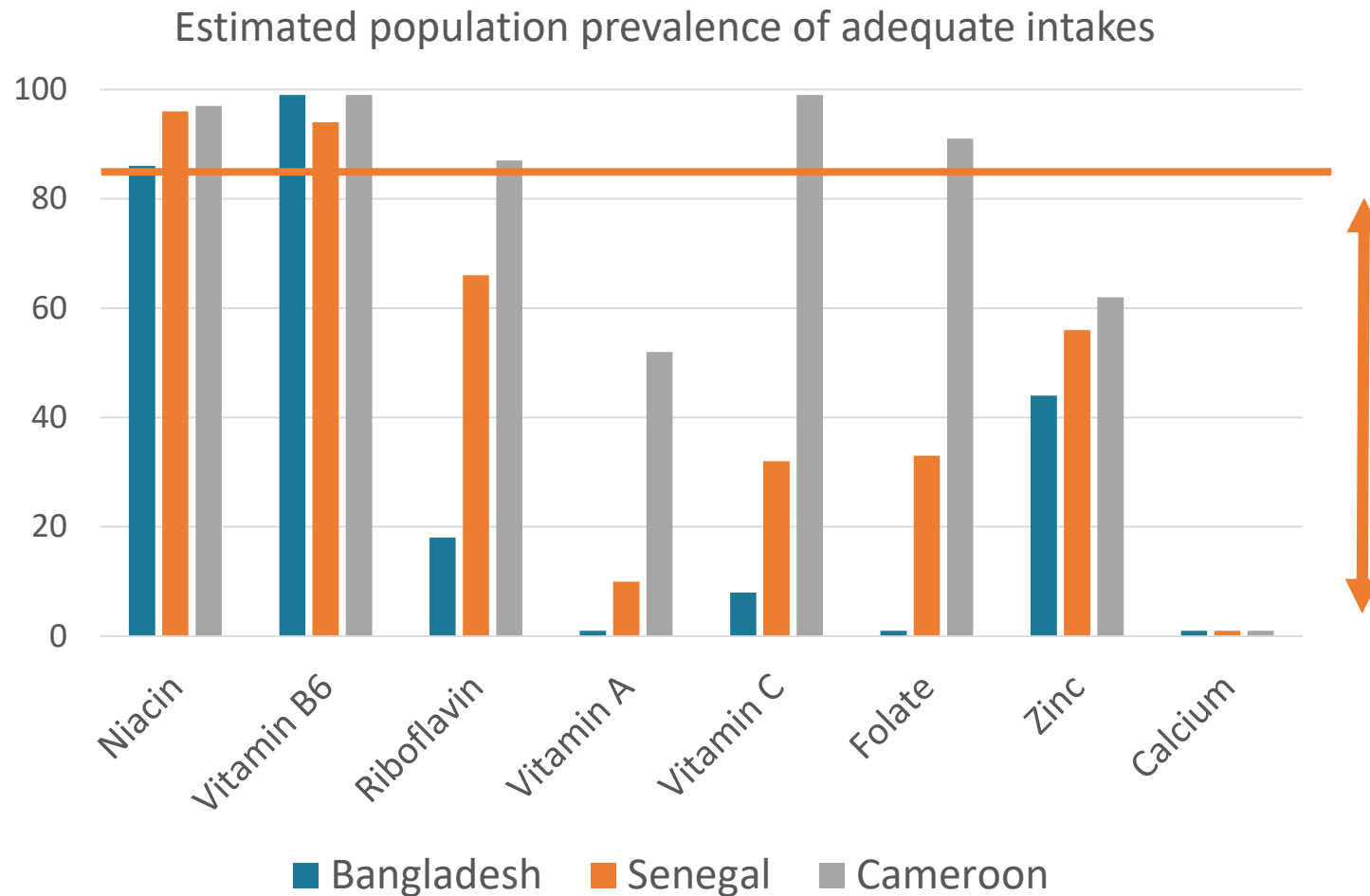
A map of human resilience



Dietary diversity is essential for nutrition



Food supply does not meet nutrient requirements



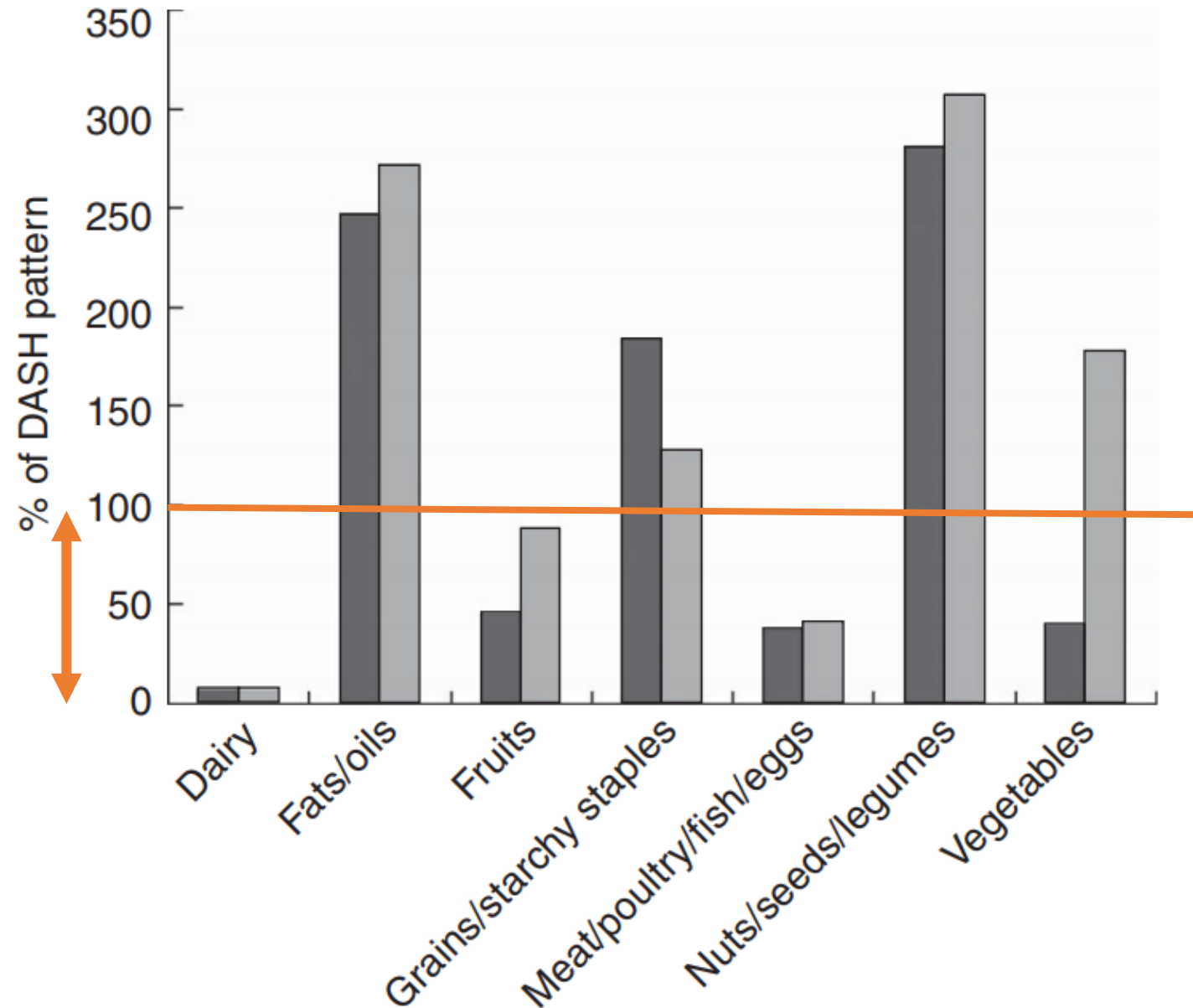
Gap between what the food supply provides and the amount needed for the majority of people to meet their nutrient requirements.

Food supply does not allow for adequate dietary diversity

Cameroon

FAO Food Balance Sheet data

Gap between the food supply and what is needed for a healthy diet



Animal source foods for maternal & child nutrition

Nutrient	Meat	Milk	Eggs
Heme iron	+++	0	0
Total iron	+++	+	+
Zinc	+++	+	+
Vitamin A	+	++	+++
Riboflavin	++	+++	++
Vitamin B12	+++	++	++
Folate	+	+++	+
Calcium	0	+++	0
Health impacts	↑ Lean body mass	↑ child growth	↑ child growth

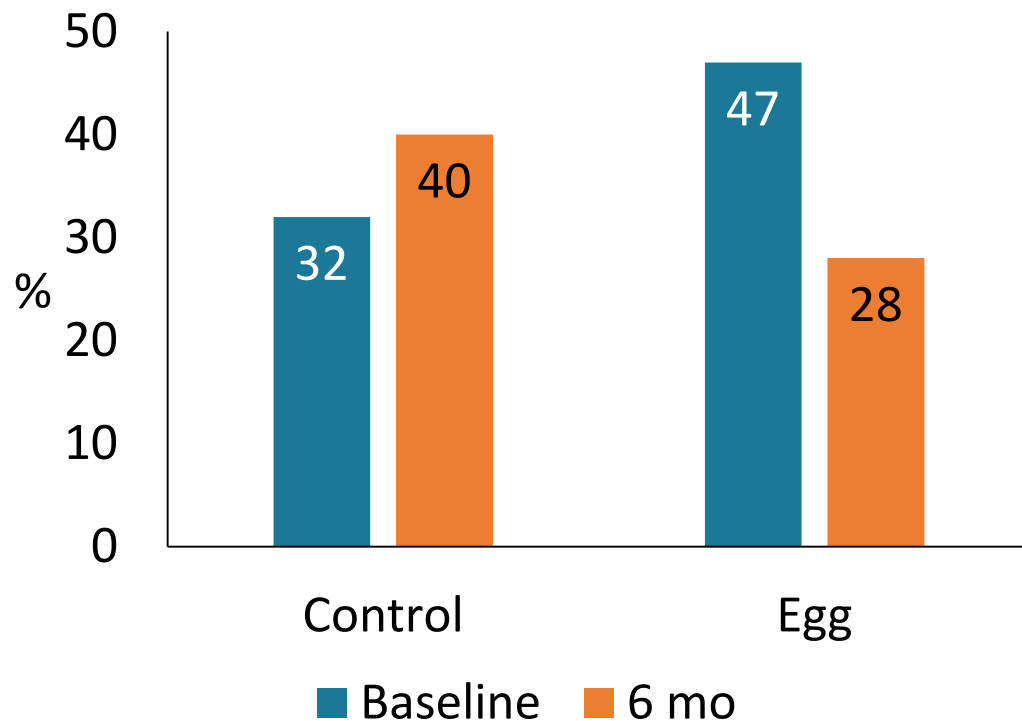
+ Relative contribution per kcal



Photo courtesy of SPRING

Association between animal source foods and stunted growth in children

Effect of eggs on stunting in a randomized trial among children 6-9 m old at baseline in Ecuador



Iannotti et al, Pediatrics, 2017

Association between animal source foods and child stunting in young children (18-23 mo olds)

Food group	Percentage point reduction in stunting
Any ASF	-4.0
1 ASF	-3.7
2 ASFs	-5.7
3 ASFs	-6.1
Grains/roots/tubers	Not significant
Legumes/nuts	Not significant
Fruit	-1.8
Vegetables	Not significant

Headey et al, Amer J Agr Econ, 2018

Fruits and vegetables

- Rich sources of carotenoids, vitamin C, folate, tocopherol, vitamin K, potassium and magnesium
- High in fiber
- Abundant phytochemicals that act as antioxidants and anti-inflammatory factors.
- Diets rich in fruits & vegetables are associated with lower risk of CVD, diabetes, and some cancers.



“The currently estimated number of bioactive phytochemicals is around 100,000 and a single plant-based meal might provide around 25,000 different phytochemicals ... The observed health effects associated with vegetable, fruit, berry, and whole grain consumption can likely be explained by the combined action of many different phytochemicals and other nutrients.”

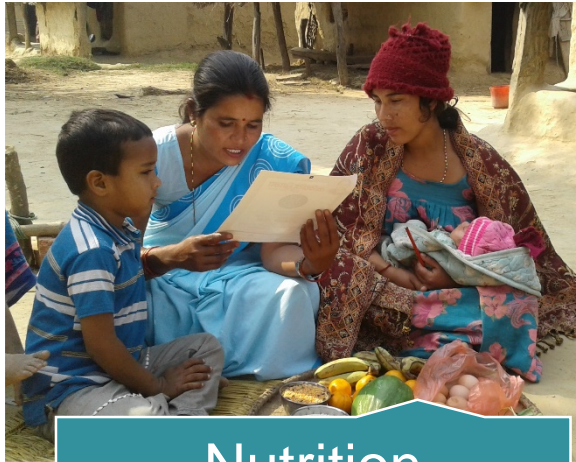
-Nordic Nutrition Recommendations, 2012

Legumes

- Lack saturated fats
- Rich in B vitamins
- Healthy carbohydrates: Rich in fiber and resistant starch, which is associated with improved gut health.
- High in protein, especially many essential amino acids
- Contain numerous phytochemicals that have antioxidant, anti-inflammatory, and antimicrobial properties
- But, contain phytates that limit iron and zinc absorption.
- Diets rich in legumes are associated with healthier body weight, improved lipid profiles, lower blood pressure and risk of CVD



Current large-scale approaches to address malnutrition



Nutrition
education



Food fortification



Supplementation



Biofortification

If core set of nutrition interventions could be scaled globally, 1 million children's lives could be saved and 33 million fewer children would be stunted.

(Bhutta et al, Lancet, 2013)

How should we act to position our food system to meet dietary requirements?

- Maintain or increase availability and equitable access to critical food groups
 - Animal source foods
 - Fruits and vegetables
 - Legumes
- Strengthen evidence-based nutrition education at all levels
- Fortify processed foods with nutrients that are unavailable in adequate quantities in the local food supply; provide supplements for vulnerable groups such as pregnant women or young children
- Minimize waste from farm to fork

How should we act to position our food system to meet dietary requirements?

- Invest in research
 - Optimize nutritional quality **along with** maximizing yield
 - Make food production systems more efficient and resilient, while minimizing impacts on the climate
 - Address gaps in our understanding of the nutritional quality of the food system over time, geography, and alternative production systems
 - Develop innovative methods of nutrition and health communication in the face of rapidly changing ways in which the public obtains its information
 - Strengthen the evidence base about what works to cost-effectively improve nutrition and health outcomes



Thank you

Contact:
cpstewart@ucdavis.edu



Combating the Impacts of Climate Change on Food Systems and Disease Issues at Multiple Scales

If you have additional questions or comments please connect with the panel at the conclusion of the Symposium

- Moderator: Christine Johnson, Associate Director, One Health Institute, School of Veterinary Medicine, UC Davis
- Ndola Prata, Associate Professor, School of Public Health, UC Berkeley
- Stephen Luby, Director of Research, Center for Innovation in Global Health, Stanford University
- Christine Stewart, Professor, Department of Nutrition, UC Davis

Lightning Talks: Success Stories at the Food-Health Nexus



Moderator: Terra Kelly, One Health Institute & UCGHI Planetary Health Center, School of Veterinary Medicine, UC Davis



- Courtney Crenshaw, Healing People, Places, and the Planet



- Federico Castillo, Analyzing health, land use, and agriculture through a multidisciplinary lens.



- David Wolking, Urban river interface disease



- Alisha Graves, Empowering Women Smallholder Farmers in the Sahel



Courtney Crenshaw, Healing
People, Places, and the Planet

Healing people, places, and the planet

How health care is addressing climate change through market transformation

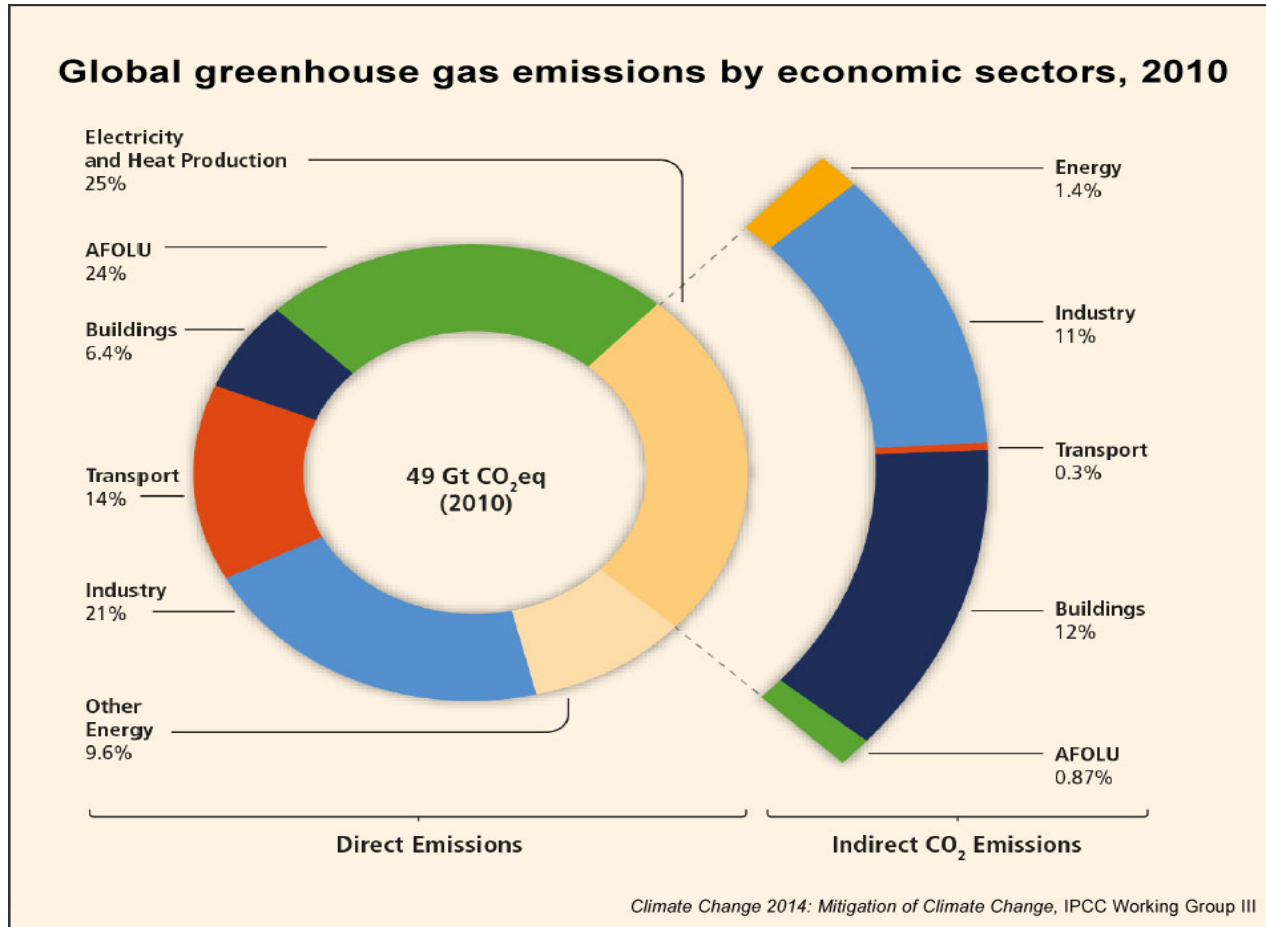
Courtney Crenshaw

CA Regional Coordinator

Healthy Food in Health Care, Health Care Without Harm



Climate & Food



Source: IPCC 2014 Report

- The food system is the largest energy consumer in US
- Agriculture and land use change is the **second highest** contributor to global greenhouse gas emissions after the energy sector
- The primary sources of GHG emissions from agriculture are:
 1. **Meat and dairy production**
 2. Manufacture and use of synthetic nitrogen fertilizers

1. Transition health care food service to a healthier dietary pattern that is less resource intensive and is protective of the environment and our finite resources.
1. Transform meat production systems away from an industrialized model towards scale appropriate, diversified, ecologically responsible production.
1. Empower health care facilities to employ population health management by building local food systems and creating access and affordability of healthy local food through their investments, purchasing, and operations.

Less Meat, Better Meat The Big Picture



Our meat-rich diets are more costly than we realize. By moving away from meat intensive diets and choosing sustainable options when serving meat and poultry, we can collectively create a pathway to personal, community and global health. Consider these factors:

Antibiotic Resistance

80% of antibiotics sold in the U.S. are used for animal agriculture. This equates to nearly 30 million pounds of antibiotics, annually. Most of the antibiotics are routinely used for non-therapeutic purposes and are available over-the-counter with no veterinary supervision. Many of these antibiotics are also medically-important, like penicillin, and used to treat illness in humans.

The overuse of antibiotics in animal agriculture threatens the efficacy of antibiotics in human medicine. The need to eliminate the routine use of antibiotics in animal agriculture is necessary to preserve the effectiveness of antibiotics and minimize the development of antibiotic resistant bacteria. This call to action comes from more than 300 leading medical organizations, including the American Medical Association, the American Pediatric Society, the American Academy of Pediatrics, and the American Academy of Family Physicians.

Climate Change and Greenhouse Gases

From beginning to end, the lifecycle and common practices of industrial beef production produce the highest amount of greenhouse gas emissions of any other food. Dairy and poultry production also emit a significant amount of greenhouse gases, contributing to global climate change.

Air and Water Pollution

Large-scale meat production has a negative impact on water and air quality. Feedlots produce large manure lagoons with concentrated amounts of ammonia, phosphorus, and nitrogen, as well as dangerous microorganisms. These wastes have been shown to run off into drinking water supplies, have destroyed wetlands, and led to fish kills. They also contribute to poor air quality in local communities.

Chronic Disease

High consumption of meats and fats contribute to an increased risk of cardiovascular disease, obesity, diabetes, metabolic syndrome, dementia, and some types of cancer. Arsenic additives are used routinely in poultry and pork production to promote faster growth of the animals, yet arsenic is a known carcinogen and poison.

Less Meat, Better Meat:

Reduce meat purchased by 10% per year OR achieve ultimate goal of an average 1.5 oz (.09375 lbs / meal) per meal served.

Increase by 5% per year or achieve ultimate goal of 20% of meat and poultry purchases raised without the routine use of antibiotics. (Meat = beef, pork, poultry and lunch meat; measure=lbs.)

Balanced Menus: In only one year 38 hospitals had an aggregate meat reduction of 1,359,009.61 lbs. That equates to 21,093 Metric tons of Carbon Dioxide avoided, which is equivalent to:



Today



Tools and Resources

Leading Communities to a Healthier Future

Healthier Food



How to Guide

This guide is designed to provide a step-by-step approach to implementing the HH Challenge and submitting data.



STEP BY STEP

Less Meat, Better Meat

Reduce meat purchased by 10% per year OR achieve ultimate goal of an average 1.5 oz (.09375 lbs / meal) per meal served.

Increase by 5% per year or achieve ultimate goal of 20% of meat and poultry purchases raised without the routine use of antibiotics.

Definition of Meat & Poultry

Inclusions: Beef, pork, poultry, lamb, bison including whole muscle meats, luncheon deli meats, pre-cooked fajita strips, pre-cooked breaded (frozen) nuggets, tenderloins and patties

Exclusions: all convenience foods (ex: pre-made lasagnas, deli salads such as ham salad, Chili Rellenos)

Background

The commitment to reduce meat and poultry purchases serves as both a climate change mitigation mechanism and a pathway to serving the healthiest, most sustainably produced meat available. It is also an opportunity for hospitals to model healthy eating patterns for patients, staff and visitors.

The reasons for Less Meat, Better Meat are profound and compelling. Most hospitals buy substantial amounts of meat, typically

STEP 1: Make the Case

Many reputable researchers, organizations and government agencies acknowledge the importance of reducing meat consumption to improve health and reduce greenhouse gas (GHG) emissions and other environmental impacts. These [statements and articles](#) will support a proposal for the healthier foods challenge to hospital staff and administrators.

More than 300 leading medical organizations, including the American Medical Association,

through large distributors the U.S. commodity beef, markets. Significant costs industrialized meat and p and distribution, including and air and water contain antibiotics sold in the Uni industrial animal agricultu of these not used to treat routinely administered in promote growth and com and overcrowded living c therapeutic application of antibiotic resistant bacter to antibiotic resistant infe food production relies ha and red meat production clinia

As se ar an floc tier jar n un tro pr al p c u its more qu

th and the if Podiatrists that we iting of non-therapeutic a-ded system as part of strategy to improve public tions and prevent the transmissi of health care and better ope enedness, such as r hospitalizing patients, 1 adding ground vegeta to our healthy food choices. Please our community's health.

Redefining Protein

ADJUSTING DIETS TO PROTECT PUBLIC HEALTH AND CONSERVE RESOURCES



THE INCREDIBLE BLENDABLE BURGER



WE BLEND MUSHROOMS WITH GROUND MEAT TO CREATE A HEALTHIER, TASTIER PATTY THAT IS BETTER FOR THE PLANET.

FOR YOUR HEALTH

Mixing mushrooms into your beef patties can reduce sodium by 25%, reduce saturated fat by 30%, reduce calories by 30%, and increase fiber and nutrients!

FOR YOUR COMMUNITY

Beef raised without non-therapeutic antibiotics helps keep antibiotics effective and reduces the chance of superbug!

FOR YOUR PLANET

Substituting one burger with a blended burger every week for a year saves 10,000 gallons of water and 150 pounds of methane (equal to driving 3750 miles)

FOR YOUR TASTEBUDS

Blending improves flavor and makes a juicier burger!

Blending isn't just for burgers! Try blending meat with nuts, beans, grains, and other ingredients to make veggie burgers, meatballs or chili.



The Food-Climate Relationship

The Registered Dietitians' Balanced Approach



A better meat alternative

Health care should prioritize plant-centered diets

Health Care Without Harm position statement

Humans on average eat three times more meat per capita than the rest of the world, and health care bears the burden of the human health impacts of high meat consumption and the secondary pollution of air, water, and soil generated by the meat production system.

Those who embrace plant-based proteins are trending. One in four consumers are eating less meat, and 6 percent of U.S. consumers are vegan and 7 percent are vegetarian, a growing trend. Health care is considered "flexitarian," choosing to consume meat at a reduced rate. Health care professionals and hospitals can take advantage of this trend to advance public and environmental health and influence consumer choices by educating and guiding individuals toward the most sustainable, transparent, and scientifically-sound plant-based diet emphasizing whole foods from sustainable producers. However, interest in meat alternative products is gaining momentum faster than whole plant-based proteins.



Northwestern Memorial Hospital's red dal, a plant-based meat alternative, was the winner in the Health Care Culinary Contest (Northwestern Memorial Hospital).

Definition: Meat alternative products

"Meat alternative products" also known as "meat analogs" are food products that mimic the taste, texture, and appearance of meat such as plant-based meat crumbles, bacon, burgers, hot dogs, etc. This excludes tofu, tempeh, and seitan, which are traditional foods in many cultures, are usually minimally processed, and have associated health benefits when produced in a sustainable manner.



Project: Catalyzing Health Care Investment in Healthy Food Systems: Anchors in Resilient Communities

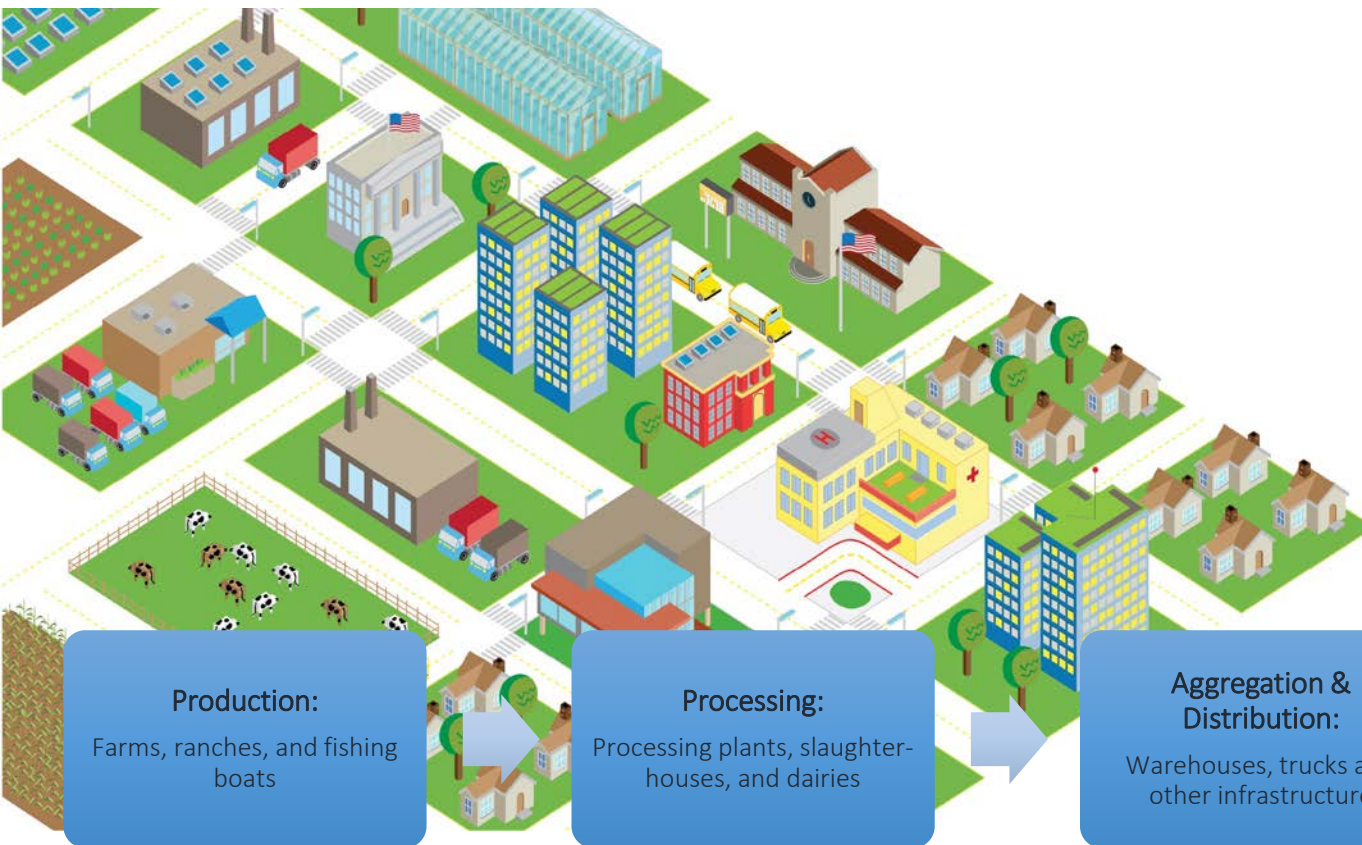


A Powerful Combination of Procurement and Investment to Build:

Community Health, Community Wealth, and Climate Resilience

Localize the Food Economy

- Aggregate anchor institution demand for regionally sourced, healthy food.
- Increase direct access to healthy foods in underserved neighborhoods.
- Create jobs for community residents.
- Increase markets for regional sustainable producers





Federico Castillo, Analyzing
health, land use, and agriculture
through a multidisciplinary lens

Climate Change: Resilience in low and high income countries



1. Research Questions:

1. In Oaxaca, Mexico:

- a) Given their limited resources, how do small coffee farmers adapt, if at all, to climate change?
- b) How do community engagement (“Tequio”) impact climate change adaptation? Does it have any impact on community resilience?

2. In Imperial County, California:

- a) What are the hidden costs of the impact of heat on agricultural labor?
- b) Work plan designed to analyze a) above.

Oaxaca: sample

Sample size	123
Average family size	4.5 (min: 1, max: 12)
Education-head of household (average years in formal school)	2
Average number of family members by gender	
Head of household gender, percent	
Female	24.6
Male	75.4
Work for others	Yes: 44%; No: 56%
Farm size	1.1 ha.

Production systems: contrast

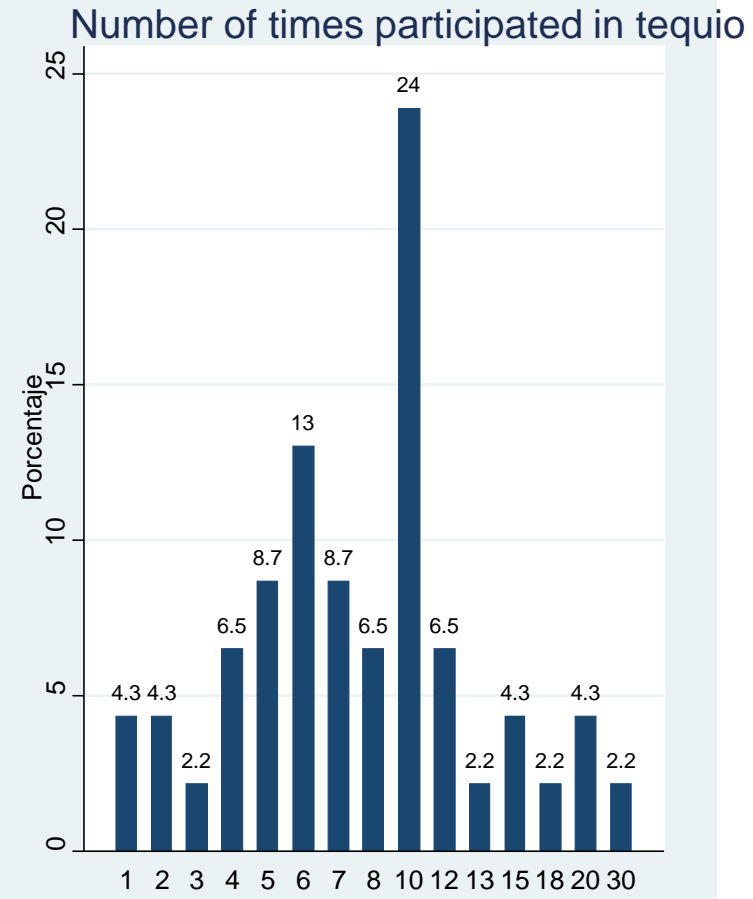
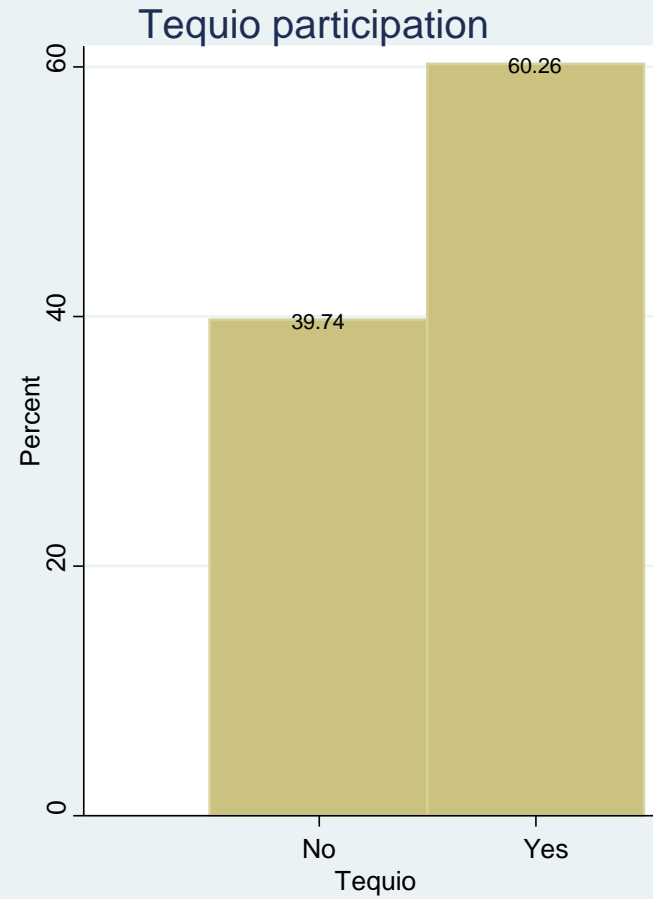


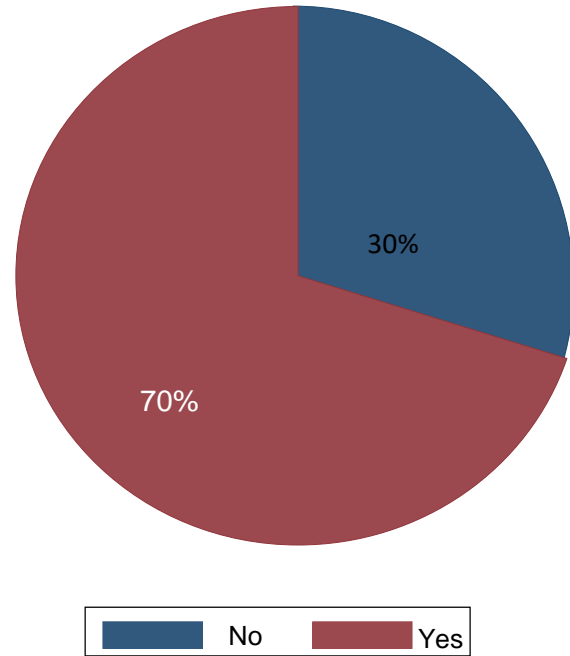
Oaxaca



Costa Rica

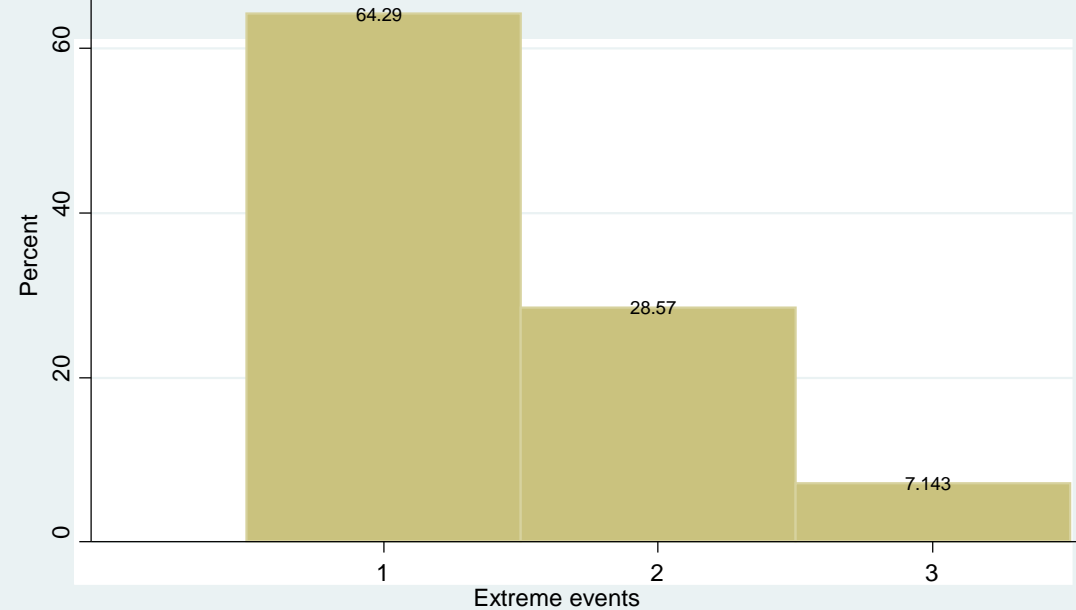
Community Participation: Tequio





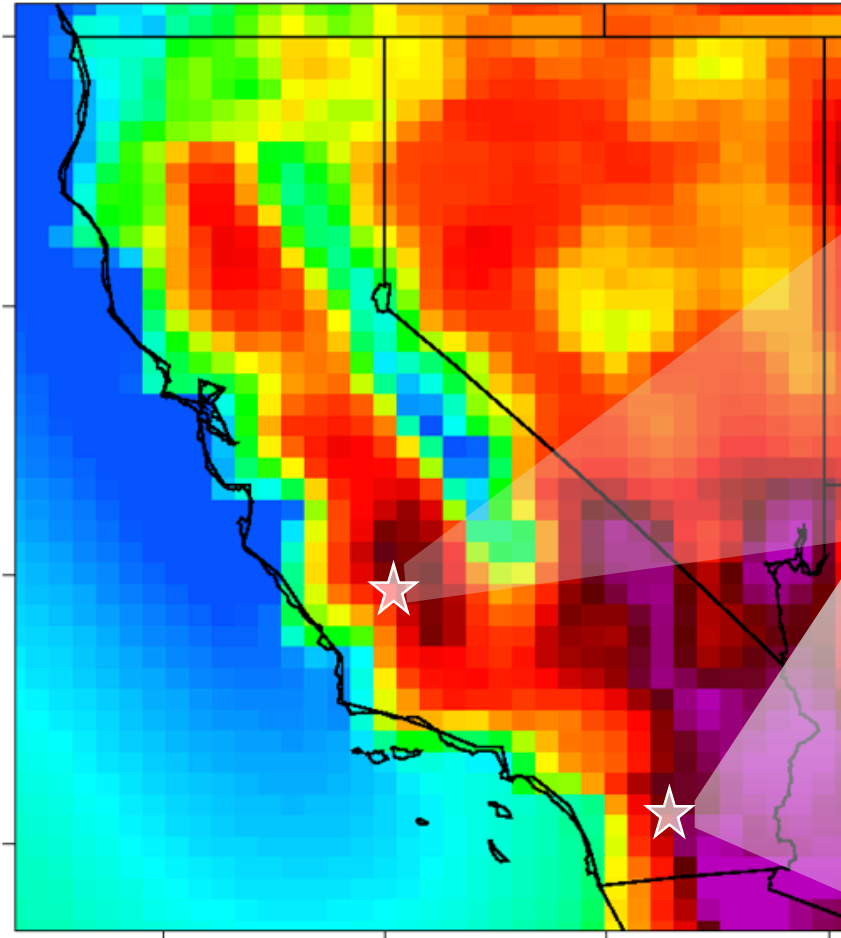
Number of extreme events experienced over the last ten years

% of total farmers that changed farm practices due to experiencing an extreme event



- Percent of community members that participated in Tequio to deal with an extreme event impacting community infrastructure: 87%
- Percent of community members that participated in Tequio to help a community member cope with the impact of an extreme event occurrence: 55%

Heath and labor productivity: Imperial County



- *2012 estimates: \$42.6 billion in total commodities and \$8.5 billion in gross profits*
- *California accounts for 16% of US crop production & employs 450,000 people (US Dept. of Ag, 2014)*

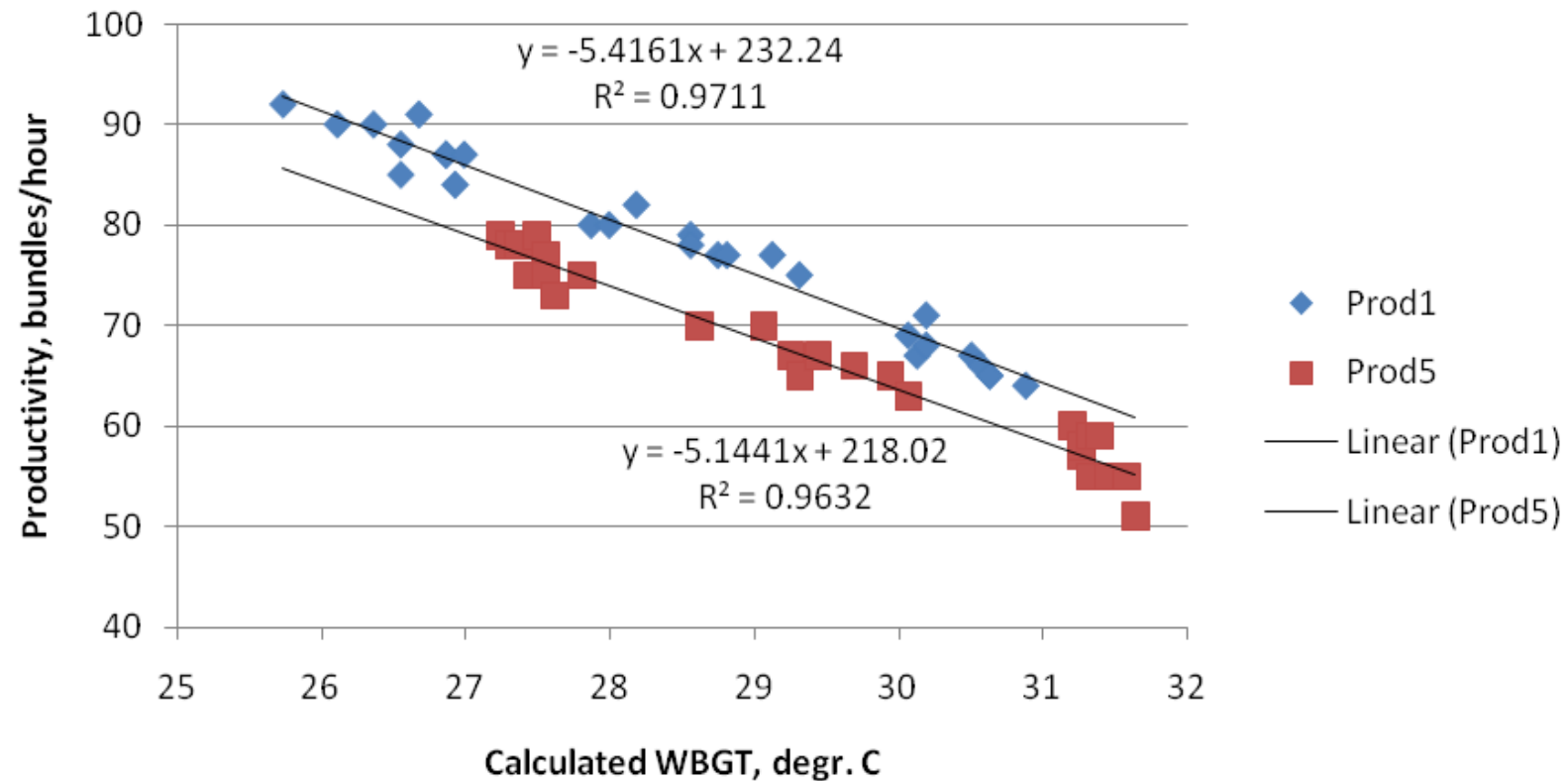
Fresno County:

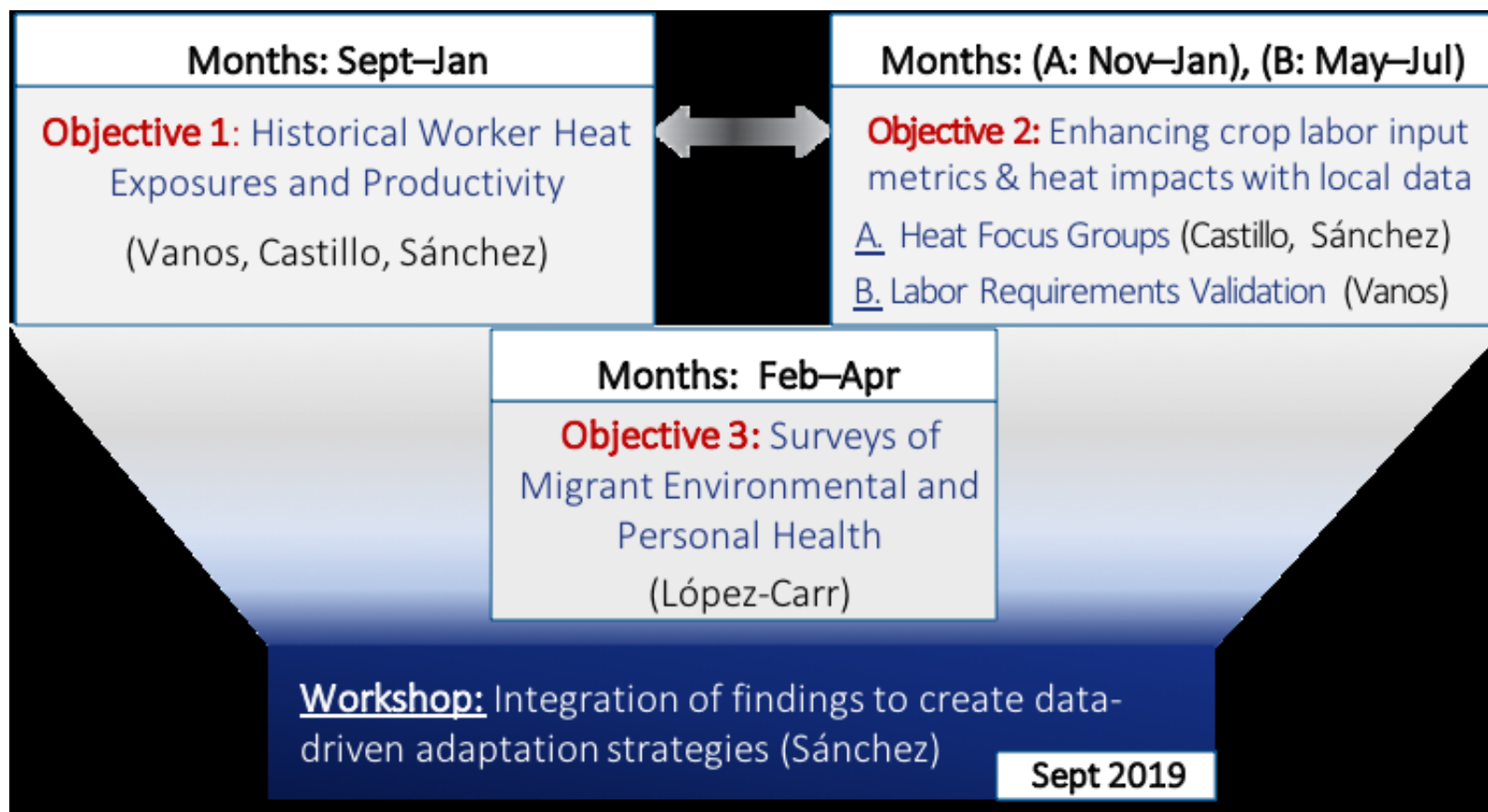
Pop'n Growth by 2060:^a +525,000 (+56%)
Focus Crops:^b grapes, melons, lettuce, sugar
beets
Ag Prod'n:^c \$2.8 billion^c (crops)
Total Ag. Labor Force:^d
20,001–62,300

Imperial County:

Pop'n Growth by 2060:^a +115,000 (+65%)
Focus Crops:^b lettuce, melons, sugar beets
Ag Prod'n: \$837 million^c (crops)
Total Ag. Labor Force:^d 20,001–62,300

Relationship between calculated WBGT and hourly productivity



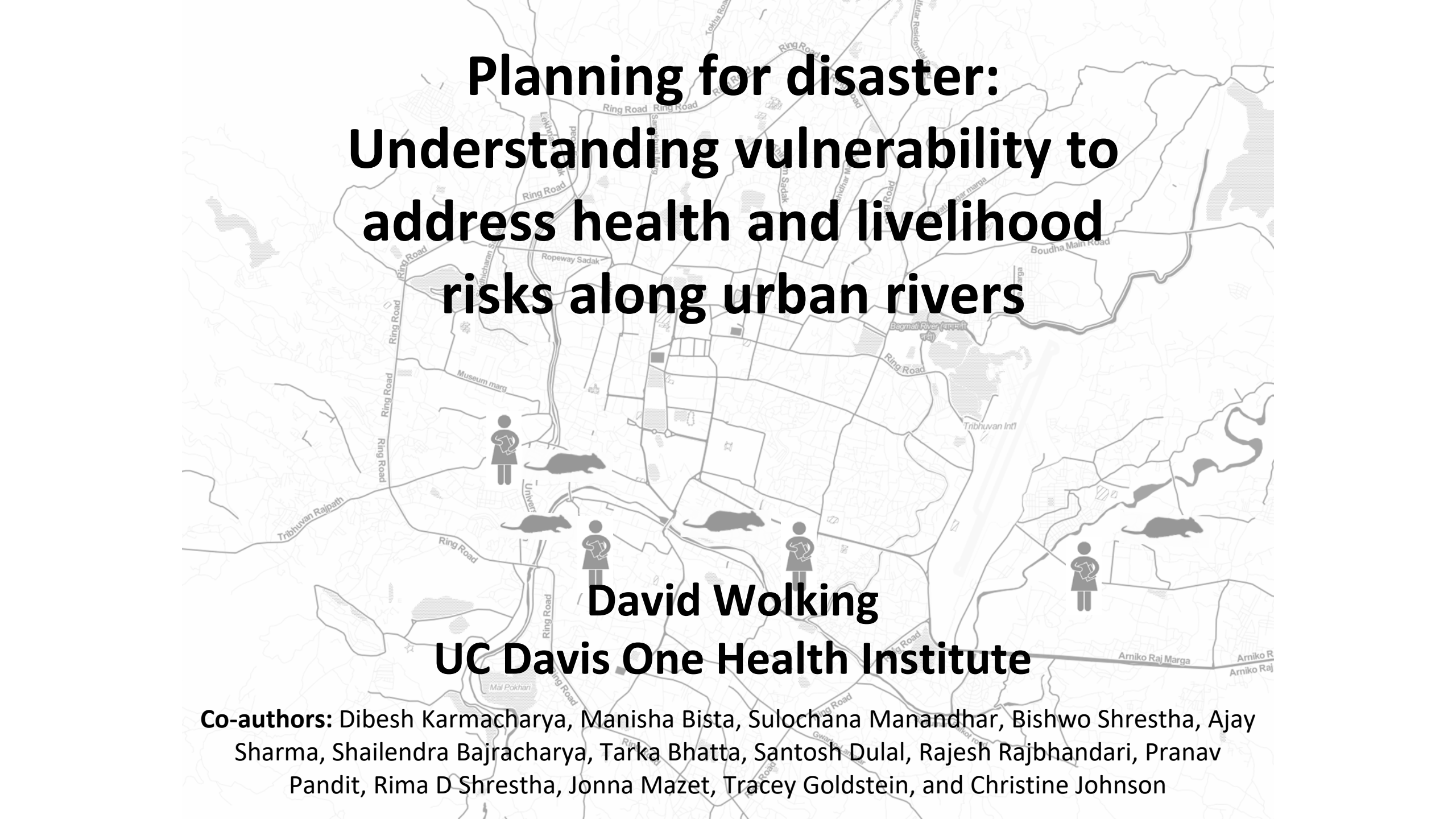


Final thoughts

- Community participation provides opportunities for communities to deal with the negative impact of climate change both in public and private lands in the agricultural sector in low income countries.
- The negative impacts of heat exposure should be analyzed for all stakeholders in the product supply chain: ag. workers, growers, society in general.



David Wolking, Urban River
Interface Disease



Planning for disaster: Understanding vulnerability to address health and livelihood risks along urban rivers

David Wolking
UC Davis One Health Institute

Co-authors: Dibesh Karmacharya, Manisha Bista, Sulochana Manandhar, Bishwo Shrestha, Ajay Sharma, Shailendra Bajracharya, Tarka Bhatta, Santosh Dulal, Rajesh Rajbhandari, Pranav Pandit, Rima D Shrestha, Jonna Mazet, Tracey Goldstein, and Christine Johnson



Photo: Wasif Malik, Flickr











PREDICT/UC Davis



PREDICT/UC Davis











PREDICT/UC Davis















PREDICT/UC Davis





Orange Country Register



CBS Sacramento



Napa Valley Register



Contact: djwolking@ucdavis.edu

www.onehealth.institute

www.predict.global

@OneHealthUCD

@PREDICTProject





Alisha Graves, Empowering Women
Smallholder Farmers in the Sahel

Empowering Women Smallholder Farmers in the Sahel

UC Davis, Sept. 10, 2018

Alisha Ann Graves, MPH, Founder, OASIS Initiative

A project of Venture Strategies for Health and Development & University of California, Berkeley

Gender gap in agriculture

While women comprise 43% of the agricultural labor force globally, they face...

A larger burden
of unpaid work



Lack of access to
higher-paying jobs



Wage
discrimination for
the same work

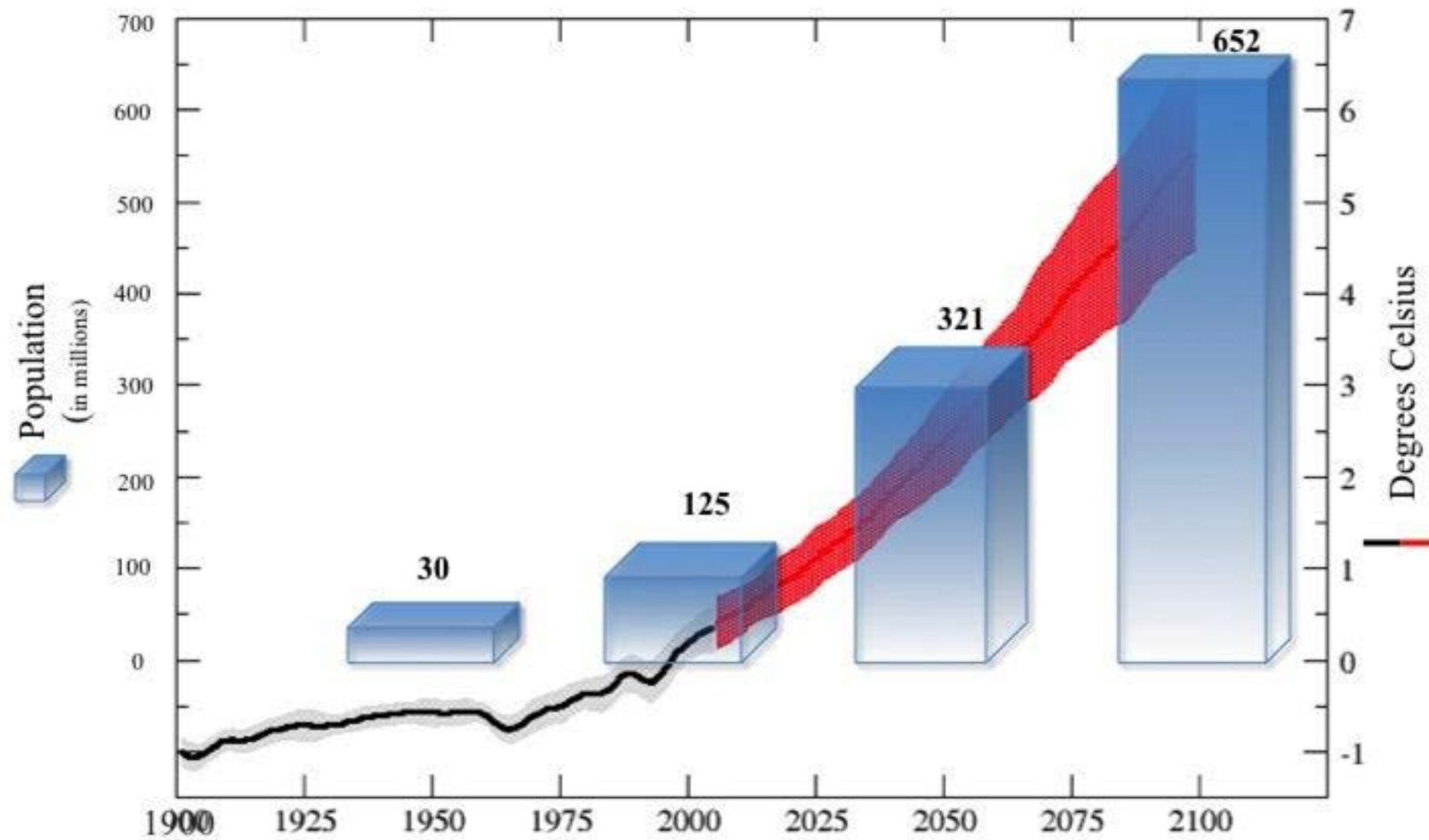




Sahel is Arabic
for *shore*

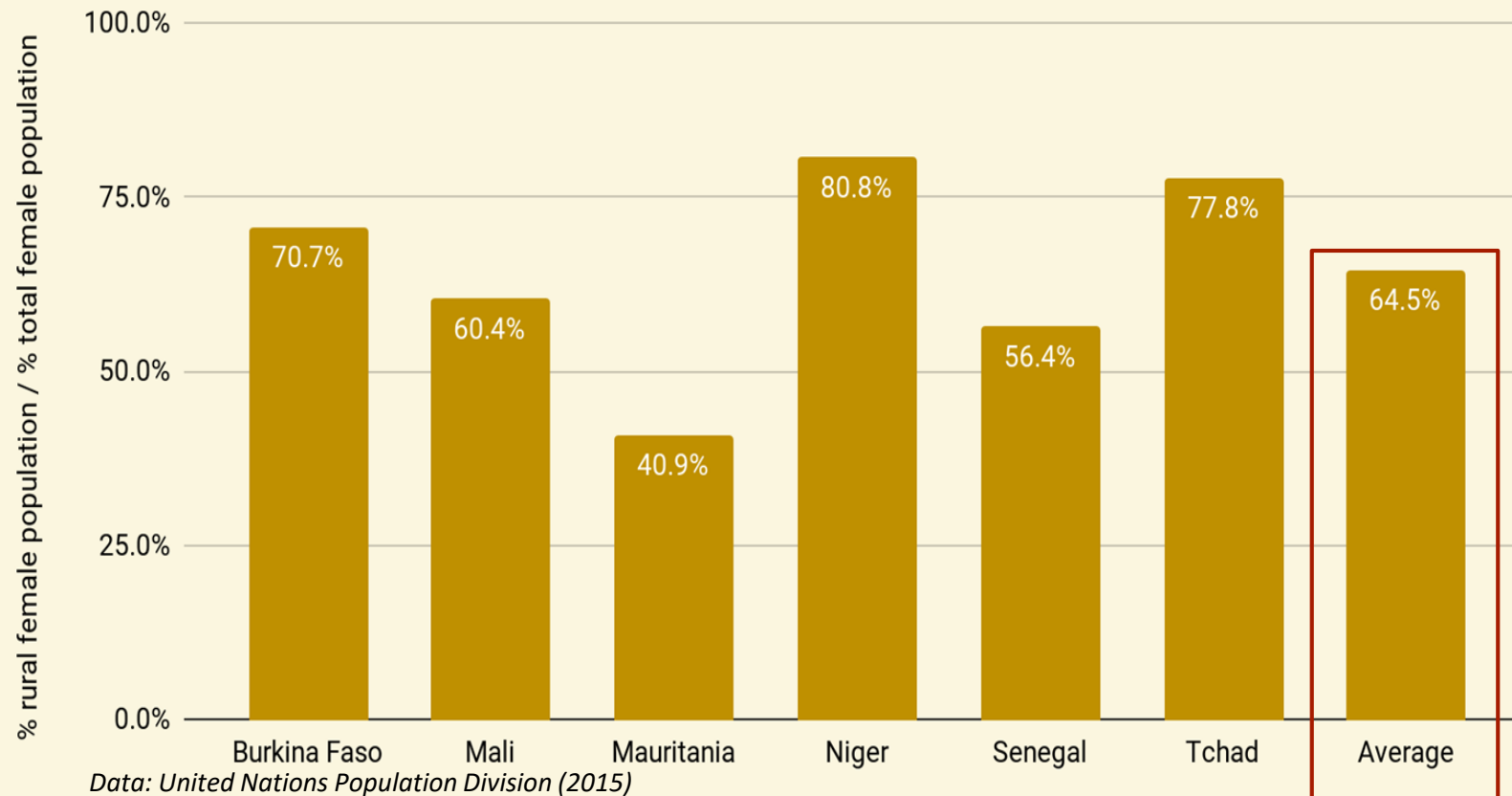


Projection for Changes in Temperature and Population in the Sahel



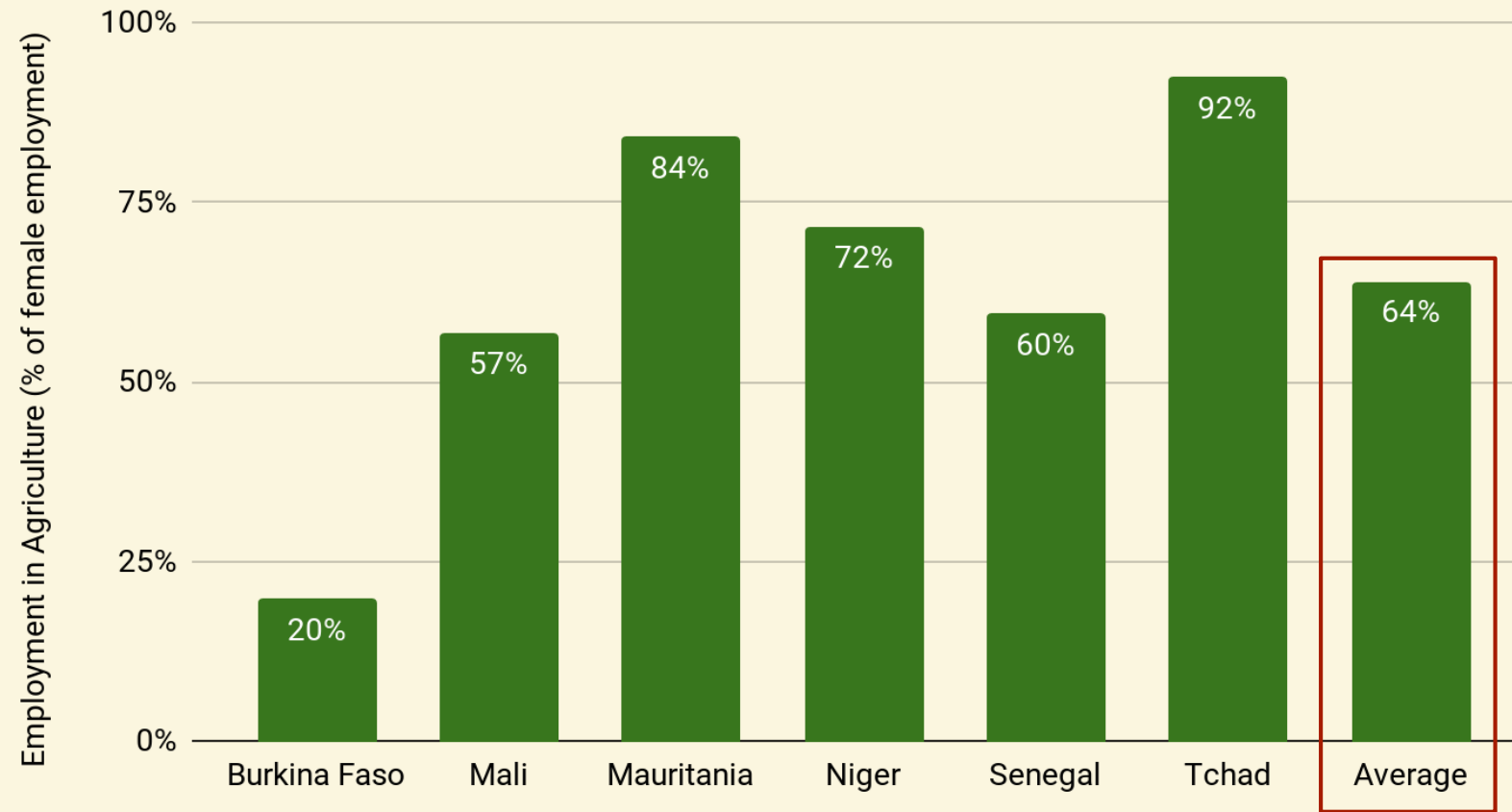
Sources: United Nations Population Division (medium projection), Intergovernmental Panel on Climate Change (IPCC) RCP 8.5

Percent of Women Living in Rural Areas, by Country



The majority of women in the Sahel live in rural areas, which are typically lower income than urban counterparts

Percent of Employed Women Working in Agriculture, by Country



Data: International Labour Organization (2017)

While the percentage varies widely, on average the majority of employed women in the Sahel work in agriculture

Voluntary family planning improves nutrition and food security through:

Slowed population growth



Female economic empowerment

Reduced maternal risk factors for childhood malnutrition



Room to Grow

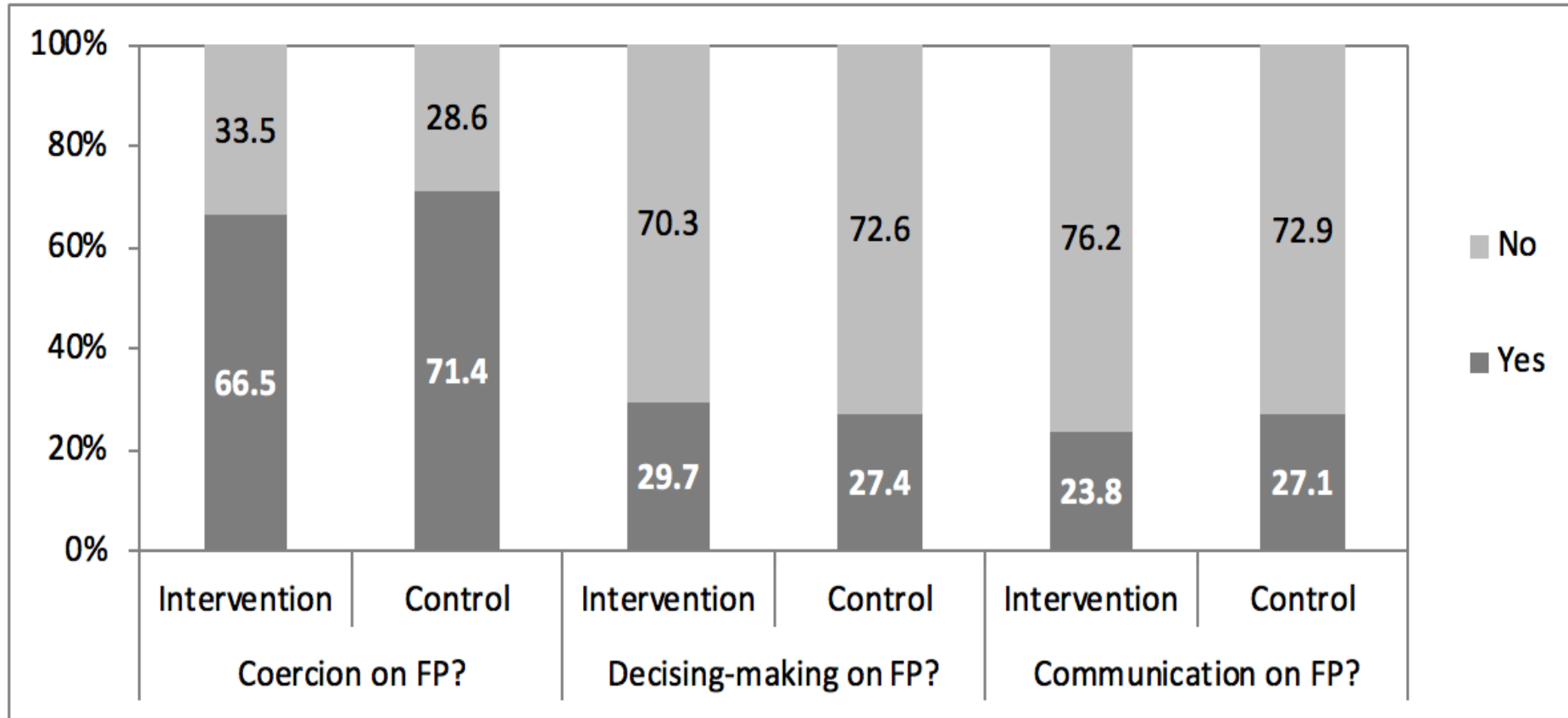
Background: In Niger, gardens are emerging as a vibrant and vital place for women to meet, grow nutritious food, and generate income.

Purpose: test a proof of concept for an integrated approach to women's empowerment, FP and nutrition

Evaluation: difference-in-differences estimation to compare intervention and control gardens.

Reproductive Autonomy

Preliminary findings from “Room to Grow” Niger



Shifting roles in agriculture

Preliminary findings, cont.

women are increasingly being asked to help feed and maintain the household - traditionally man's role

→ “slippage” of responsibilities from men towards women as food providers, without any recognition of women's new role, straining both men and women

→ could be an opportunity to promote women's empowerment via vegetable production, managed by individuals or by women's collectives in market gardens.

*A Sahel where all girls are educated and free from
early marriage, where all women are free to
choose the timing and number of their children,
and where everyone has enough to eat*

[Learn more](#)

oasisinitiative.berkeley.edu

oasis@berkeley.edu



Lightning Talks: Success Stories at the Food-Health Nexus

If you have additional questions or comments please connect with the panel at the conclusion of the Symposium

Moderator: Terra Kelly, One Health Institute & UCGHI Planetary Health Center, School of Veterinary Medicine, UC Davis

- Courtney Crenshaw, Healing People, Places, and the Planet
- Federico Castillo, Analyzing health, land use, and agriculture through a multidisciplinary lens
- David Wolking, Urban river interface disease
- Alisha Graves, Empowering Women Smallholder Farmers in the Sahel

Key Ideas and Outcomes from Afternoon Sessions and Wrap Up



- Facilitator, Sarah Rubin, Outreach and Engagement Coordinator, California Department of Conservation

Instant Polling Questions for Participants

- Meeting Sift – informal, real time polling

Please Participate

- 1 open smartphone browser
- 2 go to **sift.ly**
- 3 enter participant code **change**





GLOBAL CLIMATE ACTION SUMMIT

AFFILIATE EVENT

**Managing Lands in a Changing Climate to Improve
Agricultural Resilience, Food Security, and Health**

THANK YOU FOR ATTENDING

Reception immediately follows (for those who pre-registered)

Posters available for all to view and ask questions



State of California
Department of Conservation



Global Health
Institute